

SFHDiabCYP16

Monitor and support a child/young person with diabetes using oral medication to improve their health



Overview

This standard covers monitoring and supporting a child/young person who is using oral medication to manage their diabetes, reviewing with them and their family, and agreeing changes if appropriate. The purpose of the medication may be to control blood glucose or blood pressure. In carrying out the activities described in this standard, you should also be aware of the continuous need to protect children and young people from harm and abuse, and to create environments that protect them from harm and abuse.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 review progress at intervals as agreed with the child/young person and those involved in their care, in line with local guidelines
- P2 be prepared to take prompt action to resolve any problems that arise between planned reviews, or become apparent during planned reviews
- P3 involve the child or young person in learning about how to manage their diabetes in a manner and at a level appropriate to their wishes, age and development stage, communication skills, and needs
- P4 review the physical condition of the child or young person relative to the medication, and listen to their account of their experience of the therapy
- P5 assess the understanding of the child/young person and their family of their use of the medication, and resolve any confusion they may experience
- P6 identify any problems they are experiencing in taking the medication and explore ways of overcoming them
- P7 identify any indications that changes to medication, and discuss them where appropriate with relevant members of the healthcare team
- P8 agree any changes to the medication regime with the child/young person and their family, and where appropriate with other members of the healthcare team, and take action to implement them
- P9 record the main points of the review in a form that can be followed by the child/young person and their family, and other members of the care team

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Knowledge and understanding

You need to know and understand:

- K1 national guidelines on diabetes management, education and service delivery, and on providing healthcare for children and young people
- K2 theories of the causes of diabetes
- K3 signs and symptoms of diabetes, including WHO criteria for diagnosis
- K4 normal and abnormal blood glucose and HbA1c values
- K5 how to monitor glucose levels, HbA1c, lipids and blood pressure
- K6 the importance and effects of education and self management for children, young people and their families
- K7 the development stages of children and young people, and the implications of this for communicating with them
- K8 the psychological impact of diabetes, on children, young people and their families, at diagnosis and in the long-term
- K9 how to gather information from children, young people and their families about their health
- K10 how to work in partnership with children, young people and their families
- K11 the social, cultural and economic background of the patient group
- K12 the impact of nutrition, particularly carbohydrates, on diabetes in children and young people
- K13 the impact of physical activity on diabetes in children and young people
- K14 the effects of smoking, alcohol and illicit drugs
- K15 the effects of, and how to manage, inter current illness in children and young people
- K16 the medications used to manage diabetes
- K17 the long-term complications of diabetes and when they are likely to occur
- K18 relevant professional guidelines, standards and codes of professional conduct
- K19 the law and good practice guidelines on consent
- K20 your own role in the healthcare team and the role of others
- K21 legal frameworks concerning prescribing
- K22 local guidelines on diabetes healthcare
- K23 local child protection procedures
- K24 local referral pathways
- K25 local systems for recording patient information
- K26 audit and quality assurance systems
- K27 sources of practitioner and patient information on diabetes relevant to children/young people
- K28 contact details of local and national support groups
- K29 how children and young people can access local facilities for exercise and physical activity, education and community activities

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5: Provision of care to meet health and well being needs

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