

SFHDiabCYP17

Provide care and support to meet the immediate needs of the child or young person newly diagnosed with Type 2 diabetes, and their family



Overview

This standard covers the care and support that a healthcare practitioner in the paediatric team should provide for a child or young person who has recently been diagnosed with Type 2 diabetes. In carrying out the activities described in this standard, you should also be aware of the continuous need to protect children and young people from harm and abuse, and to create environments that protect them from harm and abuse.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 communicate with the child/young person, and those involved in their care – establishing the most effective method of communication for their age, and enabling them to participate in communication
- P2 assess the extent to which the child or young person and those involved in their care understand the diagnosis, assess their concerns and worries and provide reassurance, and age appropriate information and support
- P3 take a history from the child/young person and family, and gather information on what they see as their health needs
- P4 assess through discussion the child/young person and family's understanding of Type 2 diabetes, its management and acute complications
- P5 arrange for dietary assessment to be carried out by a qualified member of the healthcare team
- P6 agree between the professional team and the child/young person, and their family, a plan for their immediate diabetes care
- P7 enable and support the child/young person and family to monitor their blood glucose and ketone levels by:
 - P7.1 assessing the child/young person's need and also their ability to monitor, and agree an age appropriate approach
 - P7.2 explaining why, when and how to monitor blood glucose and ketones, and how to interpret the results
 - P7.3 showing the child/young person, and their family how to monitor and record blood glucose and ketone levels
 - P7.4 providing suitable equipment
- P8 agree targets for blood glucose levels that the child/young person should aim to achieve, and actions they can take in respect of diet and exercise to achieve them
- P9 confirm with the child/young person and the family when they will next meet members of the healthcare team, and ensure they know who to contact if they need help or advice
- P10 encourage the child/young person and family to access local support groups and join Diabetes UK, and provide information to help them to do so
- P11 make arrangements to notify the child's GP about the diagnosis and the therapy
- P12 make an accurate record of the discussion and examination that can be followed by other members of the care team, the child/young person, and their family

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Knowledge and understanding

You need to know and understand:

- K1 national guidelines on diabetes management, education and service delivery, and on providing healthcare for children and young people
- K2 theories of the causes of diabetes
- K3 signs and symptoms of diabetes, including WHO criteria for diagnosis
- K4 normal and abnormal blood glucose and HbA1c values
- K5 how to monitor glucose levels, HbA1c, lipids and blood pressure
- K6 the importance and effects of education and self management for children, young people and their families
- K7 the development stages of children and young people, and the implications of this for communicating with them
- K8 the psychological impact of diabetes, on children, young people and their families, at diagnosis and in the long-term
- K9 how to gather information from children, young people and their families about their health
- K10 how to work in partnership with children, young people and their families
- K11 the social, cultural and economic background of the patient group
- K12 the impact of nutrition, particularly carbohydrates, on diabetes in children and young people
- K13 the impact of physical activity on diabetes in children and young people
- K14 the effects of smoking, alcohol and illicit drugs
- K15 the effects of, and how to manage, inter current illness in children and young people
- K16 the medications used to manage diabetes
- K17 the long-term complications of diabetes and when they are likely to occur
- K18 relevant professional guidelines, standards and codes of professional conduct
- K19 the law and good practice guidelines on consent
- K20 your own role in the healthcare team and the role of others
- K21 legal frameworks concerning prescribing
- K22 local guidelines on diabetes healthcare
- K23 local child protection procedures
- K24 local referral pathways
- K25 local systems for recording patient information
- K26 audit and quality assurance systems
- K27 sources of practitioner and patient information on diabetes relevant to children/young people
- K28 contact details of local and national support groups
- K29 how children and young people can access local facilities for exercise and physical activity, education and community activities

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6: Assessment and treatment planning

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Developed by	Skills for Health
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Version number	1
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Date approved	June 2010
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Indicative review date	June 2012
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Validity	Current
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Status	Original
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Originating organisation	Skills for Health
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Original URN	Diab CYP17
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Relevant occupations	Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services
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Suite	Diabetes
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Key words	diabetes
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