

SFHDiabHD7

Monitor and support a care plan for an individual with diabetes admitted to a general ward



Overview

This standard covers the actions to be undertaken to support a care plan for an individual with diabetes on a general ward, to enable the person to manage their diabetes in the best possible way.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 discuss the progress of the care plan with individuals and carers, and with colleagues, in a manner that encourages them to be open in expressing their views and concerns
- P2 monitor the individual's ability to manage their dietary intake, medication and monitoring
- P3 respond promptly to any requests from the individual and carer for support
- P4 ensure the dietary requirements of the patient are being met by the hospital's catering arrangements, including any between-meal snacks
- P5 monitor the individual's glycaemic status and inform appropriate colleagues where blood glucose levels give cause for concern
- P6 monitor the individual for risks to care of skin and risks of infection and inform colleagues as appropriate
- P7 review any difficulties that have arisen with the plan and discuss possible solutions with the individual and with colleagues
- P8 seek advice promptly from diabetes specialists within the hospital where there are indications of a need for more highly qualified support

SFHDiabHD7

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Knowledge and understanding

You need to know and understand:

- K1 the NSF for diabetes
- K2 NICE guidelines on diabetes monitoring, management and education
- K3 causes of diabetes
- K4 signs and symptoms of diabetes
- K5 normal and abnormal blood glucose and HbA1c values
- K6 how to monitor glucose levels, HbA1c, blood pressure
- K7 typical progressive patterns of diabetes
- K8 the importance and effects of patient education and self management
- K9 the psychological impact of diabetes, at diagnosis and in the long term
- K10 how to gather information from patients about their health
- K11 how to work in partnership with patients and carers
- K12 the social, cultural and economic background of the patient/carer group
- K13 the impact of nutrition and physical exercise
- K14 the effects of smoking, alcohol and illicit drugs
- K15 the effects of, and how to manage, intercurrent illness
- K16 how to manage hypoglycaemia
- K17 the medications used to manage diabetes
- K18 the long term complications of diabetes and when they are likely to occur
- K19 how to examine feet and assess risk status
- K20 how to monitor cardiovascular risk
- K21 how to monitor for renal disease
- K22 how to monitor for diabetic retinopathy
- K23 the law and good practice guidelines on consent
- K24 the staff member's role in the healthcare team and the role of others
- K25 local guidelines for management of diabetes in non-specialist areas
- K26 referral pathways within the hospital
- K27 local systems for recording patient information
- K28 quality assurance systems
- K29 the process of notification for legal and insurance purposes
- K30 sources of practitioner and patient information on diabetes
- K31 contact details of local and national support groups
- K32 how individuals can access facilities for exercise and physical activity, education and community activities

SFHDIabHD7

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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