

## SFHDiabPD07

Agree and support care plans to help women manage their diabetes during labour and immediately following delivery



---

### Overview

This standard covers agreeing, putting into practice and supporting a care plan to enable a woman with diabetes who is pregnant to manage her diabetes during labour and immediately following giving birth. The activities described in this standard follow on from supporting and revising a care plan during pregnancy. This standard applies to women with Type 1, Type 2 and gestational diabetes.

Users of this standard will need to ensure that practice reflects up to date information and policies.

## SFHDiabPD07

### Agree and support care plans to help women manage their diabetes during labour and immediately following delivery

---

#### Performance criteria

*You must be able to:*

- P1 include women with diabetes and their partners as members of the care team, involve them in decisions about their care, and provide them with sufficient appropriate information for them to participate fully in making decisions
- P2 work in full partnership with other members of the multi-disciplinary team involved in providing care and support for diabetes and for pregnancy
- P3 provide information about methods and timing of delivery, and associated risks and advantages, and discuss and agree the preferred method with the woman and her partner
- P4 provide information and discuss and agree what care will be provided during labour and post-delivery
- P5 jointly revise plans, with the informed consent of the woman, and with the agreement of other members of the care team, where new risks threaten the health and well-being of the mother or child
- P6 agree or confirm local protocols for diabetes care with colleagues who will provide care during delivery
- P7 provide information and advice to colleagues as required during labour and after delivery, to enable them to provide safe and effective care for the mother and child

## SFHDiabPD07

### Agree and support care plans to help women manage their diabetes during labour and immediately following delivery

---

#### Knowledge and understanding

*You need to know and understand:*

- K1 national guidelines on diabetes management, education and service delivery in relation to diabetes and pregnancy
- K2 theories of the causes of diabetes
- K3 signs and symptoms of diabetes, including WHO criteria for diagnosis
- K4 normal and abnormal blood glucose and HbA1c values
- K5 how to monitor glucose levels, HbA1c, blood pressure
- K6 the importance and effects of patient education and self management
- K7 the psychological impact of diabetes, at diagnosis and in the long term
- K8 how to gather information from patients about their health
- K9 how to work in partnership with patients and carers
- K10 the social, cultural and economic background of the patient/carer group
- K11 the impact of nutrition, particularly carbohydrates, on diabetes
- K12 the impact of physical activity on diabetes
- K13 the effects of smoking, alcohol and illicit drugs
- K14 the effects of, and how to manage, intercurrent illness
- K15 the use of insulin to manage diabetes
- K16 other medications used to manage diabetes
- K17 the long term complications of diabetes and when they are likely to occur
- K18 the risks of a mother's diabetes to the mother and to the child
- K19 the effects of pre-existing long term complications on the risks
- K20 the medications used to manage diabetes during pregnancy and the medications that are contra-indicated
- K21 the priorities for managing diabetes during each trimester of pregnancy, during labour, and following delivery
- K22 the long term complications of diabetes and when they are likely to occur
- K23 relevant professional guidelines, standards and codes of professional conduct
- K24 the law and good practice guidelines on consent
- K25 your role in the healthcare team and the role of others
- K26 local guidelines on diabetes healthcare
- K27 the arrangements for supporting women with diabetes who are pregnant
- K28 local referral pathways
- K29 local systems for recording patient information
- K30 audit and quality assurance systems
- K31 sources of practitioner and patient information on diabetes and on pregnancy
- K32 contact details of local and national support groups

## SFHDiabPD07

Agree and support care plans to help women manage their diabetes during labour and immediately following delivery

---

### Additional Information

#### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

## SFHDiabPD07

Agree and support care plans to help women manage their diabetes during labour and immediately following delivery

---

**Developed by** Skills for Health

---

**Version number** 1

---

**Date approved** June 2010

---

**Indicative review date** June 2012

---

**Validity** Current

---

**Status** Original

---

**Originating organisation** Skills for Health

---

**Original URN** Diab PD07

---

**Relevant occupations** Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services

---

**Suite** Diabetes

---

**Key words** diabetes

---