

SFHEUSC24

Bring an individual back to consciousness following an intervention



Overview

This standard covers the actions involved in restoring an individual to a conscious state following an intervention for which they have been anaesthetised or sedated. This includes being aware of when and how the individual should appropriately be brought back to consciousness. It also includes identifying any possible complications that may arise and working in a manner that avoids or minimises any such complications. An individual may be brought back to consciousness in an intervention environment but this competence is most likely to be undertaken in a post intervention area such as a recovery room, post anaesthetic recovery unit, high dependency and step down areas.

Users of this standard will need to ensure that practice reflects up to date information and policies.

SFHEUSC24

Bring an individual back to consciousness following an intervention

Performance criteria

You must be able to:

- P1 confirm that the individual is in the appropriate environment and is in a stable condition before you attempt to wake them following the intervention they have undergone
- P2 ensure that the individual is positioned appropriately and is as comfortable as possible when you wake them
- P3 wake the individual at the appropriate time in a manner and at a pace that is sensitive to their condition and the intervention they have just undergone
- P4 distinguish between possible causes of the 'asleep' individual, and respond appropriately, in line with national and local legislation, policy, protocols and guidelines
- P5 ensure that any post-intervention complications are, where possible, avoided or limited when the individual is woken, reacting to any that do arise in a timely and appropriate manner
- P6 comfort and reassure the individual regarding any confusion, pain or other post-operative sensations they may be experiencing
- P7 advise the individual of how long they will be likely to feel the after effects of the anaesthesia/sedative and appropriate behaviour and actions for them to take during this time
- P8 conduct a pain assessment, involving the individual as much as possible, to determine what pain management they will need during the period immediately after they have been woken
- P9 explain to the individual how to regulate and control any patient-controlled post-operative pharmaceuticals with which they have been provided
- P10 respect the privacy, dignity and confidentiality of the individual throughout your interaction with them
- P11 maintain timely, accurate, complete and legible records in accordance with national and local legislation, policies, protocols and guidelines
- P12 work at all times within appropriate patient and information confidentiality legislation, policies, protocols and guidelines
- P13 work within your scope of responsibility and accountability, referring to others where appropriate and/or necessary

SFHEUSC24

Bring an individual back to consciousness following an intervention

Knowledge and understanding

You need to know and understand:

- K1 the current European, national and local legislation, policies, protocols and guidelines which affect your work practice
- K2 your responsibilities under the current European national and local legislation, policies, protocols and guidelines with regard to your actions within the post-intervention environment
- K3 the legislation, policies, protocols and guidelines which clarify your scope of practice and the relationship between yourself and other members of staff in terms of delegation and supervision
- K4 legislation, policies, protocols and guidelines relating to the moving and positioning of individuals and the impact they have upon your work
- K5 the importance of following standard precautions relevant to the activity to be undertaken
- K6 the potential consequences of poor practice in relation to the application of standard precautions
- K7 your role and the importance of working within your own scope of practice
- K8 the roles and responsibilities of other team members
- K9 the methods, procedures and techniques for waking the individual following an intervention for which they have been anaesthetised or sedated
- K10 the methods, procedures and techniques for evaluating and managing post-intervention pain
- K11 the adverse reactions and changes that might occur in the individual as they are brought back to a conscious state following anaesthesia or sedation and the responses that should be made to deal with them
- K12 the importance of monitoring and reacting to any adverse reactions or changes in the individual as they are brought back to a conscious state following anaesthesia or sedation
- K13 how to practise in such a way as to minimise complications or risk to individuals
- K14 the basic complications in re-establishing an individuals' spontaneous breathing and the appropriate actions to be taken, in accordance with legislation, policies, protocols and guidelines
- K15 the principles of local, general and regional anaesthesia and sedation
- K16 applied anatomy, general and system specific physiology and pathology in relation to the particular type of anaesthetic or sedative that has been administered, in line with current guidance in your field of practice
- K17 the range of medical/physical conditions likely to have an impact when bringing an individual back to consciousness following anaesthesia or sedation, and how to take these into account
- K18 the types, properties, function, effect and contra-indications of the

SFHEUSC24

Bring an individual back to consciousness following an intervention

- anaesthetic or sedative commonly used in your scope of practice
- K19 any resources required to support the process of bringing an individual back to consciousness following an intervention, how to use them and the implications of faulty resources or incorrect usage of resources
- K20 the importance of recording information clearly, accurately and in a timely and systematic manner
- K21 the types of information that must be recorded, in accordance with legislation, policies, protocols and guidelines

SFHEUSC24

Bring an individual back to consciousness following an intervention

Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

SFHEUSC24

Bring an individual back to consciousness following an intervention

Developed by	Skills for Health
Version number	1
Date approved	June 2010
Indicative review date	June 2012
Validity	Current
Status	Original
Originating organisation	Skills for Health
Original URN	EUSC24
Relevant occupations	Health, Public Services and Care; Nursing and Subjects and Vocations Allied; Health Professionals; Healthcare and Related Personal Services
Suite	Emergency, Urgent and Scheduled Care
Key words	emergency care, scheduled care, urgent care