

## SFHEUSC25

### Monitor the individual within the critical care environment



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#### Overview

This standard covers the monitoring of individual within a critical care environment, which may include high dependency units, intensive care units, wards, or recovery rooms. It includes evaluating the outcomes of any monitoring conducted and responding appropriately so that the appropriate critical care is provided to optimise the health and well being of the individual.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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#### Performance criteria

*You must be able to:*

- P1 apply standard precautions for infection control and other relevant health and safety measures within the critical care environment, and wear personal protective clothing and additional protective equipment as appropriate
- P2 confirm the individuals' identity and ensure that they have given their informed consent for critical care to be provided
- P3 refer to the individuals care plan and details about their underlying or pre-existing condition and interventions undertaken to confirm the monitoring needs of the individual and the level and type of critical care assigned
- P4 ensure that a pain assessment has been conducted, that the individual has been provided with appropriate pharmaceutical agents and positioned in a manner that minimises their pain and discomfort
- P5 undertake, interpret, evaluate and record physiological monitoring for the individual in an accurate and timely manner, evaluating and responding appropriately to findings by maintaining or altering the provision of critical care
- P6 monitor and maintain the appropriate organ support system of the individual, as appropriate to the individual and their critical care status, evaluating and responding appropriately to findings by maintaining or altering the provision of critical care
- P7 conduct point of care testing as appropriate to the individual to enable effective monitoring of their physiological condition, evaluating and responding appropriately to findings by maintaining or altering the provision of critical care
- P8 monitor the individuals physical and psychological response to interventions and respond appropriately to ensure that the correct critical care is provided, informing appropriate others where relevant or necessary
- P9 identify any deterioration in an individuals condition and take corrective action or report to others where appropriate or necessary to ensure that steps are taken to restore the individuals physiological status
- P10 ensure that the individual is monitored continuously during the time that they receive critical care and ensure that the critical care provided is informed by the evaluation of findings from the monitoring conducted
- P11 communicate a coherent and succinct analysis of the individuals current status and anticipated problems at the point of handover of care and monitoring to colleagues
- P12 maintain timely, accurate, complete and legible records in accordance with legislation, policies, procedures and guidelines, and work at all times within appropriate patient and information confidentiality legislation, guidelines and protocols

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P13 work within your scope of responsibility and accountability, referring to others where appropriate and/or necessary

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#### Knowledge and understanding

*You need to know and understand:*

- K1 the current European, national and local legislation, policies, protocols and guidelines which affect your work practice in relation to critical care
- K2 your responsibilities under the current European, national and local legislation, policies, protocols and guidelines with regard to your actions within the critical care environment
- K3 legislation, policies and guidance which clarify your scope of practice and the relationship between yourself and other members of staff in terms of delegation and supervision
- K4 legislation, policies and guidance relating to the moving and positioning of individuals and the impact they have upon your work
- K5 the principles of asepsis, the maintenance of the sterile field and the potential consequence of poor practice
- K6 the importance of following standard precautions relevant to the activity in the critical care environment, and the protective clothing which may be worn for the individual's and your protection
- K7 the potential consequences of poor practice in relation to the application of standard precautions
- K8 your role and responsibilities, those of others and the importance of working within your own scope of practice
- K9 the methods, procedures and techniques for monitoring individuals in critical care environments
- K10 the methods, procedures and techniques for interpreting the monitoring of individuals in critical care environments, and the importance of this evaluation in determining the provision of critical care
- K11 the methods, procedures and techniques involved in undertaking point of care testing
- K12 how to practise in such a way as to minimise complications and risk to individuals during the monitoring of their condition in the critical care environment
- K13 the types of complications that might arise during the monitoring of individuals in the critical care environment and the responses that should be made to deal with them
- K14 the principles of pharmaceuticals, including local, general and regional anaesthesia and the relevance and impact of these on the monitoring of individuals in the critical care environment
- K15 anatomy, general and system specific physiology and pathology and its application to the monitoring of individuals in the critical care environment
- K16 the resources and equipment required during the monitoring of individuals in the critical care environment
- K17 the importance of recording information clearly, accurately and in a systematic manner

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- K18 the types of information that must be recorded in relation to different activities involved in the monitoring of individuals within the critical care environment
- K19 the importance of timely recording information with regard to the monitoring of individuals in the critical care environment

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### Additional Information

#### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004): Dimension: HWB5 Provision of care to meet health and wellbeing needs

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