

## SFHEUSC29

### Extract and/or excise surface and subcutaneous foreign bodies from an individual



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#### Overview

This standard covers the extraction and/or excision of surface and subcutaneous foreign bodies from an individual. The extraction method will be determined by the foreign body being extracted, the depth of penetration and accessibility of the foreign body. It will also be determined by the difficulty/ease of removal of the foreign body and any complications that might arise as a result of removal of the foreign body.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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#### Performance criteria

*You must be able to:*

- P1 confirm the individuals' identity and ensure that they have given their informed consent for the extraction and/or excision of surface and subcutaneous foreign bodies
- P2 apply standard precautions for infection control and other relevant health and safety measures, and wear personal protective clothing and additional protective equipment as appropriate
- P3 undertake a risk assessment prior to removal of the foreign body and respond appropriately to the outcome
- P4 ensure that the appropriate pharmaceutical intervention of the required dilution and dose is given and maintained, in line with legislation, protocols and guidelines
- P5 ensure that the individual is positioned appropriately for the intervention, in a way that optimises access to the site and the individual's comfort, in line with relevant legislation, protocols and guidelines
- P6 gain access to the intervention site in a timely, safe and appropriate manner for the foreign body being extracted/excised
- P7 determine the appropriate choice and sequencing of actions to take to successfully complete the intervention, taking into account:
  - P7.1 depth of penetration of the foreign body
  - P7.2 accessibility of the foreign body
  - P7.3 relationship to other organs/body parts
  - P7.4 difficulty/ease of removal of the foreign body
  - P7.5 implications of removal of the foreign body
- P8 extract/excise the foreign body accurately using appropriate techniques:
  - P8.1 in a way that will minimise any discomfort, pain and trauma to the individual during or after the removal of the foreign body
  - P8.2 in a way that recognises the potential for complications and minimises the possibility of these occurring
  - P8.3 so that any appropriate sterile post-intervention materials can be applied after removal of the foreign body
  - P8.4 in line with good medical practice, protocols and guidelines
- P9 ensure that the viability of the dermal layers exposed as a result of the intervention is maintained, in accordance with good practice, legislation, protocols and guidelines
- P10 respect the privacy, dignity and confidentiality of the individual throughout your interaction with them
- P11 maintain timely, accurate, complete and legible records in accordance with legislation, protocols and guidelines
- P12 work at all times within appropriate patient and information confidentiality guidelines and protocols

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P13 work within your scope of responsibility and accountability, referring to others where appropriate and/or necessary

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#### Knowledge and understanding

*You need to know and understand:*

- K1 the current European, national and local legislation, policies, protocols and guidelines which affect your work practice
- K2 your responsibilities under the current European, national and local legislation, policies, protocols and guidelines with respect to the removal of surface and subcutaneous foreign bodies
- K3 why it is necessary to obtain informed consent prior to working with an individual and the methods used to achieve this where the individual is not able to give their consent directly (e.g. because they are comatose or have communication differences)
- K4 the legislation, policies and guidance which clarify your scope of practice and the relationship between yourself and other members of staff in terms of delegation and supervision
- K5 legislation, policies and guidance relating to the moving and positioning of individuals and the impact they have upon your work
- K6 the importance of following standard precautions and the protective clothing which may be worn for the individual's and your protection
- K7 the potential consequences of poor practice in relation to the application of standard precautions
- K8 your role and responsibilities and the importance of working within your own scope of practice
- K9 the importance of keeping the individual informed about the nature of the intervention
- K10 the procedures, protocols and processes for the removal of surface or subcutaneous foreign bodies
- K11 the appropriate methods and techniques for extracting and excising surface and subcutaneous foreign bodies
- K12 the materials, tools and equipment used for undertaking extractions/excisions, and how to use them
- K13 the processes you would go through in establishing the appropriate course and sequence of action for the removal of surface or subcutaneous foreign bodies
- K14 how to practise in such a way as to minimise complications and risk to individuals
- K15 the types of complications that might arise during the course of the intervention and the responses that should be made to deal with them
- K16 anatomy, general and system specific physiology and pathology and its application to the removal of surface or subcutaneous foreign bodies
- K17 the importance of recording information about the removal of surface and subcutaneous foreign bodies clearly, accurately and in a timely and systematic manner

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K18 the types of information that must be recorded in relation to the removal of surface and subcutaneous foreign bodies

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### Additional Information

#### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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**Suite** Emergency, Urgent and Scheduled Care

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**Key words** emergency care, scheduled care, urgent care

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