

SFHEUSC30

Excise intra-muscular and internal foreign bodies from an individual



Overview

This standard covers the excision of intra-muscular and internal foreign bodies using invasive techniques. The extraction method will be determined by the foreign body being extracted, the depth of penetration and accessibility of the foreign body. It will also be determined by the difficulty/ease of removal of the foreign body and any complications that might arise as a result of removal of the foreign body. This is likely to take place in an operating area.

Users of this standard will need to ensure that practice reflects up to date information and policies.

SFHEUSC30

Excise intra-muscular and internal foreign bodies from an individual

Performance criteria

You must be able to:

- P1 confirm the individuals' identity and ensure that they have given their informed consent for the extraction and/or excision of intra-muscular or internal foreign bodies
- P2 apply standard precautions for infection control and other relevant health and safety measures, and wear personal protective clothing and additional protective equipment as appropriate
- P3 undertake a risk assessment prior to removal of the foreign body and respond appropriately to the outcome
- P4 ensure that the appropriate pharmaceutical intervention of the required dilution and dose is given and maintained, in line with legislation, protocols and guidelines
- P5 ensure that the individual is positioned appropriately for the intervention, in a way that optimises access to the site and the individual's comfort, in line with relevant legislation, protocols and guidelines
- P6 gain access to the intervention site in a timely, safe and appropriate manner for the foreign body being extracted/excised
- P7 determine the appropriate choice and sequencing of actions to take to successfully complete the intervention, taking into account:
 - P7.1 depth of penetration of the foreign body
 - P7.2 accessibility of the foreign body
 - P7.3 relationship to other organs/body parts
 - P7.4 difficulty/ease of removal of the foreign body
 - P7.5 implications of removal of the foreign body
- P8 extract/excise the foreign body accurately using appropriate techniques:
 - P8.1 in a way that will minimise any discomfort, pain and trauma to the individual during or after the removal of the foreign body
 - P8.2 in a way that recognises the potential for complications and minimises the possibility of these occurring
 - P8.3 so that any appropriate sterile post-intervention materials can be applied after removal of the foreign body
 - P8.4 in line with good medical practice, protocols and guidelines
- P9 ensure that the viability of organs and tissues exposed as a result of the intervention is maintained, in line with good medical practice
- P10 retain samples from foreign bodies where appropriate and/or relevant to individuals' condition and circumstances
- P11 apply or attach sterile post intervention materials, using appropriate techniques and in line with manufacturer's instructions
- P12 respect the privacy, dignity and confidentiality of the individual throughout your interaction with them
- P13 maintain timely, accurate, complete and legible records in accordance with legislation, protocols and guidelines

SFHEUSC30

Excise intra-muscular and internal foreign bodies from an individual

-
- P14 work at all times within appropriate patient and information confidentiality guidelines and protocols
 - P15 work within your scope of responsibility and accountability, referring to others where appropriate and/or necessary

Knowledge and understanding

You need to know and understand:

- K1 the current European, national and local legislation, policies, protocols and guidelines which affect your work practice
- K2 your responsibilities under the current European, national and local legislation, policies, protocols and guidelines with regard to the removal of intra-muscular and internal foreign bodies
- K3 why it is necessary to obtain informed consent prior to working with an individual and the methods used to achieve this where the individual is not able to give their consent directly (e.g. because they are comatose or have communication differences)
- K4 the legislation, policies and guidance which clarify your scope of practice and the relationship between yourself and other members of staff in terms of delegation and supervision
- K5 legislation, policies and guidance relating to the moving and positioning of individuals and the impact they have upon your work
- K6 why it is important to get positive confirmation of the individual's identity and effective methods of obtaining positive identification
- K7 the principles of asepsis, the maintenance of the sterile field and the potential consequence of poor practice
- K8 the importance of following standard precautions and the protective clothing which may be worn for the individual's and your protection
- K9 the potential consequences of poor practice in relation to the application of standard precautions
- K10 your role and responsibilities, those of others who might be involved in the removal of intra-muscular and internal foreign bodies, and the importance of working within your own scope of practice
- K11 the importance of checking that the individual has complied with any pre-intervention instructions and possible implications if instructions are not followed
- K12 the procedures, protocols and processes for the removal of intra-muscular and internal foreign bodies
- K13 the appropriate methods and techniques for extracting and excising intra-muscular and internal foreign bodies
- K14 the materials, tools and equipment used for undertaking extractions/excisions of intra-muscular and internal foreign bodies, and how to use them.
- K15 the processes you would go through in establishing the appropriate course and sequence of action for the removal of surface or subcutaneous foreign bodies
- K16 how to practise in such a way as to minimise complications and risk to individuals
- K17 the types of complications that might arise during the course of the

SFHEUSC30

Excise intra-muscular and internal foreign bodies from an individual

- intervention and the responses that should be made to deal with them
- K18 anatomy, general and system specific physiology and pathology and its application to the removal of surface or subcutaneous foreign bodies
- K19 the principles of pharmaceuticals (including anaesthesia) and the relevance these have to the successful removal of intra-muscular and internal foreign bodies
- K20 the reason for and importance of retaining samples of intra-muscular and internal foreign bodies that have been extracted, where relevant to an individual's condition or the context of the removal
- K21 the importance of recording information about the removal of intra-muscular and internal foreign bodies clearly, accurately and in a timely and systematic manner
- K22 the types of information that must be recorded in relation to the removal of intra-muscular and internal foreign bodies

SFHEUSC30

Excise intra-muscular and internal foreign bodies from an individual

Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

SFHEUSC30

Excise intra-muscular and internal foreign bodies from an individual

Developed by	Skills for Health
Version number	1
Date approved	June 2010
Indicative review date	June 2012
Validity	Current
Status	Original
Originating organisation	Skills for Health
Original URN	EUSC30
Relevant occupations	Health, Public Services and Care; Nursing and Subjects and Vocations Allied; Health Professionals; Healthcare and Related Personal Services
Suite	Emergency, Urgent and Scheduled Care
Key words	emergency care, scheduled care, urgent care