

SFHEUSC49

Provide care for individuals as they recover from invasive interventions



Overview

This standard covers providing care to individuals to support their recovery following an invasive intervention and will take place in any post-invasive intervention environment, including wards and recovery rooms. The standard is focused on the clinical aspects of care provision for an individual following an intervention and includes ensuring appropriate pain relief is provided; caring for the individual's comfort and hygiene; performing, recording and responding to physiological monitoring and point of care testing; emptying catheter bags and drains and measuring and recording urinary output and drainage; removing artificial airways; maintaining tissue viability and applying, replacing or removing any post intervention materials.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 apply standard precautions for infection control and other relevant health and safety measures in the care environment, and wear personal protective clothing and additional protective equipment as appropriate
- P2 assist in the transfer and reception of the individual in the care environment
- P3 refer to the individuals care plan and details about their underlying or pre-existing condition and interventions undertaken to confirm their care needs
- P4 ensure that the individual is positioned appropriately, in a manner that minimises complications, risk of injury and maximises their comfort
- P5 conduct a pain assessment where appropriate and ensure that appropriate pain relief is provided in response to the outcomes of the pain assessment conducted
- P6 ensure that the individual undergoes appropriate physiological monitoring and point of care testing whilst they are recovering and ensure that the care provided is informed by the findings of the monitoring conducted
- P7 respond appropriately and promptly to any deviation from normal clinical parameters, deterioration in an individuals condition or emergency situations in line with relevant national and local legislation, policy, protocols and guidelines
- P8 maintain tissue viability and apply, replace or remove any post intervention materials as appropriate to the individual, ensuring that:
 - P8.1 the wound site is free from infection and healing appropriately
 - P8.2 the correct post-intervention materials are obtained
 - P8.3 the correct procedure is followed in line with good medical practice, local protocols and manufacturers instructions
- P9 maintain the hygiene and cleanliness of individuals in a manner that maintains their privacy and dignity and minimises the risk of infection of the individual, others and the care environment
- P10 address any mobility needs that the individual has whilst in your care and ensure that their mobility is appropriately restricted or encouraged, in line with their care plan and condition
- P11 communicate appropriately and sensitively with the individual, and comfort and reassure them in an appropriate and timely manner throughout your interaction with them
- P12 use appropriate equipment and techniques to support and maintain the individual's health status throughout all aspects of the provision of care following an invasive intervention
- P13 communicate a coherent and succinct analysis of the individuals current status and anticipated problems at the point of handover of care and

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- monitoring to colleagues
- P14 maintain timely, accurate, complete and legible records in accordance with legislation, policies, procedures and guidelines and work at all times within appropriate patient and information confidentiality guidelines and protocols
- P15 work within your scope of responsibility and accountability, referring to others where appropriate and/or necessary

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Knowledge and understanding

You need to know and understand:

- K1 the current European, national and local legislation, policies, protocols and guidelines which affect your work practice
- K2 your responsibilities under the current European, national and local legislation, policies, protocols and guidelines with regard to your actions within the care environment
- K3 the legislation, policies and guidance which clarify your scope of practice and the relationship between yourself and other members of staff in terms of delegation and supervision
- K4 legislation, policies and guidance relating to the moving and positioning of individuals and the impact they have upon your work
- K5 the principles of asepsis, the maintenance of the sterile field and the potential consequence of poor practice
- K6 the importance of following standard precautions relevant to the provision of care, and the protective clothing which may be worn for the individual's and your protection
- K7 the potential consequences of poor practice in relation to the application of standard precautions
- K8 your role and responsibilities, those of other health and care providers and the importance of working within your own scope of practice
- K9 the methods, procedures and techniques for providing care for individuals who have undergone an invasive intervention
- K10 the methods, procedures and techniques for optimising pain control, wound care, mobility, general comfort and hygiene for the individual following an invasive intervention
- K11 the methods, procedures and techniques for setting up, assembling, connecting and attaching equipment and resources required during the provision of care
- K12 the methods, procedures and techniques for maintaining vital physiological functions for an individual receiving care
- K13 the processes you would go through in establishing and prioritising the appropriate aspects of care to be provided
- K14 the normal parameters and methods for measuring individuals: temperature/ pulse and blood pressure/ respiration and oxygen levels/ urinary output/ warmth, colour, sensation and movement of limbs
- K15 appropriate techniques for conducting a pain assessment and the types of pain relief appropriate for use with individuals who have undergone invasive intervention
- K16 the assistance required, during the removal of artificial airways and the common potential hazards associated with removal of airways and how to assist in minimising the risk of these occurring
- K17 how to practise in such a way as to minimise complications and risk to

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- individuals receiving care
- K18 the types of complications that might arise during the provision of care and the responses that should be made to deal with them
- K19 the principles of pharmaceuticals, including local, general and regional anaesthesia and the relevance and impact of these on the provision of care to individuals recovering from invasive interventions
- K20 the types, purpose and function of resources and equipment required during the provision of care to individuals following an invasive intervention
- K21 the importance of monitoring the individual's condition and evaluating and reacting to the outcomes of this monitoring to optimise the individuals health status
- K22 the reasons the care environment may be stressful for the individual and ways in which they may be comforted and reassured
- K23 the potential difficulties in communicating with individuals as they recover from an invasive intervention and how they can be overcome
- K24 how to maintain an individuals' dignity, privacy, wishes and rights as they recover from an invasive intervention
- K25 the anatomy and physiology of the cardiovascular system in relation to measurement of pulse and blood pressure
- K26 how anaesthesia and invasive intervention may affect pulse and blood pressure during the recovery period
- K27 the anatomy and physiology of the respiratory system related to measurement of respiratory function
- K28 how anaesthesia and invasive intervention may affect the respiratory system during the recovery period and the importance of correct positioning
- K29 the anatomy and physiology of the renal system related to urinary output
- K30 how anaesthesia and invasive intervention may affect the renal system during the recovery period and how this may effect urinary output
- K31 the thermoregulatory system and how this may be affected during anaesthetic and invasive interventions
- K32 the importance of the need for warming individuals as they recover from invasive interventions
- K33 the skeleton and peripheral nervous system related to checking warmth, colour, sensation and movement
- K34 the importance of recording information clearly, accurately and in a timely and systematic manner, in line with relevant National and local legislation, policies, protocols and guidelines
- K35 types of information that must be recorded in relation to the provision of care in the care environment and to whom such information must or must not be provided

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5 Provision of care to meet health and wellbeing needs

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