

SFHEUSC52

Assess an individuals' needs for psychological, emotional or social rehabilitation



Overview

This standard covers the assessment of individuals' needs for psychological, emotional or social rehabilitation following a clinical, surgical or therapeutic intervention within an EUSC context or environment. The assessment process covered by this standard would be used to inform the agreement and development of a rehabilitation plan. This standard does not cover the assessment of the individual's needs for physical rehabilitation.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 explain clearly to individuals the parameters for the assessment and confirm whether they are happy to involve other health and care providers or significant others as required
- P2 respond to any queries the individual may have and obtain their informed consent to the assessment process
- P3 communicate clearly and appropriately with the individual throughout the assessment, using specialist communication resources and aids as appropriate
- P4 identify the individual's views and understanding of their general state of well being, any interventions they may have received and any other information that may inform the assessment
- P5 identify details of all relevant aspects of their history to inform the assessment, consulting medical records, referral information, other health and care providers and/or significant others if necessary
- P6 establish the individual's current state of health and wellbeing
- P7 establish the individual's social circumstances and explore the individual's expectations/hopes for the future, including their understanding of and willingness to accept changes in lifestyle
- P8 assess whether the individual needs extra support to achieve their rehabilitation goals
- P9 obtain and evaluate the results of any relevant investigations or previous assessments used to determine the individual's psychological, social and emotional rehabilitation needs
- P10 conduct the assessment to the point where any necessary referrals can be made and a rehabilitation plan can be developed to meet the individual's needs
- P11 respect individuals' privacy, dignity, wishes and beliefs, throughout your interaction with them, minimising any unnecessary discomfort or concerns they may express
- P12 maintain timely, accurate, complete and legible records about the assessment and any outcomes in accordance with national and local legislation, policies and guidelines
- P13 work at all times within appropriate patient and information confidentiality legislation, guidelines and protocols
- P14 work within your scope of responsibility and accountability, referring to others where appropriate and/or necessary

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Knowledge and understanding

You need to know and understand:

- K1 the current European, national and local legislation, policies, protocols and guidelines which affect your work practice
- K2 your responsibilities under the current European, national and local legislation, policies, protocols and guidelines with regard to your actions within the assessment environment
- K3 the legislation, policies and guidance which clarify your scope of practice and the relationship between yourself and other members of staff in terms of delegation and supervision
- K4 the principle of informed consent, and how to obtain informed consent from individuals
- K5 the importance of confidentiality and how to ensure personal data is kept confidential whilst being shared with other health and care providers
- K6 your role, the role of other health and care providers and the importance of working within your own scope of practice
- K7 the different requirements health and care providers must meet to support an individual's personal and socio-cultural needs
- K8 the importance of keeping the individual informed about what you are doing and the nature of the assessment being undertaken
- K9 the importance of considering the individual's level of understanding in answering questions about the assessment activity
- K10 the different methods of communication you may have to use in relation to individuals with communication difficulties or differences
- K11 the range of motivations people may have for changing their behaviour and lifestyle, and how to discover their motivations
- K12 the health and social care network and directory of services
- K13 the arrangements, procedures and protocols for the referral of individuals
- K14 the individual assessment process, including how to evaluate factors which might influence the decision to refer the individual
- K15 the pertinent information required by other health and care providers for the further assessment or care of individuals
- K16 the bio-psycho-social model of health and its relevance to the assessment process
- K17 the importance of recording information clearly, accurately and in a systematic manner
- K18 the types of information that must be recorded in relation to the assessment of individuals for rehabilitation
- K19 the importance of recording information in a timely and appropriate manner

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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