# Conduct a pre-intervention assessment of an individual



#### **Overview**

This standard covers the actions involved in undertaking a pre-intervention assessment of an individual, to ensure that the planned intervention is suitable for the individual and that the individual will be able to safely undergo the intervention. It may be applied in the context of emergency presentations but would be particularly relevant in urgent and scheduled contexts.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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## Performance criteria

#### You must be able to:

- P1 confirm the individuals' identity and ensure that they have given their informed consent for the intervention to be delivered
- P2 continue to inform and reassure them regarding any concerns or questions they have about the planned intervention
- P3 obtain relevant available details about the individual and identify promptly any contra-indications, risks, and possible adverse effects that intervention may create, following standard procedures for responding to any problems identified
- P4 conduct a detailed clinical/physical examination, pain assessment and risk assessment to satisfy any concerns about the suitability and safety of the intervention for the individual
- P5 order further investigations and tests if necessary to rectify any gaps in the information available
- P6 obtain and evaluate the results of all the appropriate pre-intervention routine and specialist tests that have been conducted
- P7 make an assessment on the individuals' fitness for the intervention and determine the appropriate course of action in light of the indications given by all the materials and results available to you
- P8 ascertain the individuals' psychological and emotional state and any social, cultural, religious or moral values that could have an impact on the delivery of the intervention
- P9 conduct the pre-intervention assessment to the point where an intervention and/or the appropriate course of action can be confirmed and the process for it's implementation can begin
- P10 respect and maintain the privacy, dignity, wishes and confidentiality of the individual throughout your interaction with them
- P11 maintain timely, accurate, complete and legible records in accordance with legislation, policies and procedures and work at all times within appropriate patient and information confidentiality guidelines and protocols
- P12 work within your scope of responsibility and accountability, referring to others where appropriate and/or necessary

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## Knowledge and understanding

You need to know and understand:

- K1 the current European, national and local legislation, protocols, procedures and guidelines which affect your work practice
- K2 your responsibilities under the current European, national and local legislation, protocols, procedures and guidelines with respect to your actions within the assessment environment
- K3 why it is necessary to obtain informed consent prior to working with an individual and the methods used to achieve this where the individual is not able to give their consent directly (e.g. because they are comatose or have communication differences)
- K4 the policies and guidance which clarify your scope of practice and the relationship between yourself and other members of staff in terms of delegation and supervision
- K5 policies and guidance relating to the moving and positioning of individuals and the impact they have upon your work
- K6 the importance of following standard precautions relevant to the clinical/physical examination to be undertaken and the protective clothing which may be worn for the individual's and your protection
- K7 the potential consequences of poor practice in relation to the application of standard precautions
- K8 your role and responsibilities, those of other health and care providers involved in the assessment environment, and the importance of working within your own scope of practice
- K9 the importance of keeping the individual informed about what you are doing and the nature of the assessment which is taking place
- K10 the importance of considering the individual's level of understanding in answering questions about the pre-intervention assessment
- K11 the different methods of communication you may have to use in relation to individuals with communication difficulties or differences
- K12 the procedures, protocols and processes for conducting clinical/physical examinations
- K13 the environments, resources and equipment necessary for the clinical/physical examination being undertaken and how to use them
- K14 the breadth of tests available and their appropriateness for use in the context of the conduct of pre-intervention assessment
- K15 the processes to be applied in the pre-intervention assessment to determine the appropriate course of action for intervention
- K16 how to evaluate undifferentiated and complex problems that present during the pre-intervention assessment
- K17 how to practise in such a way as to minimise the risk to individuals of harm, discomfort or other complications
- K18 the risk assessment and scoring systems required as part of a pre-

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- intervention assessment
- K19 the types of problems that might arise during the course of the assessment and the responses that should be made to deal with them
- K20 the principles of pharmaceuticals, (including anaesthesia) and their relevance in the context of pre-intervention assessment
- K21 anatomy, general and system specific physiology and pathology relevant to the conduct of pre-intervention assessment, in line with current guidance in your field of practice
- K22 the range of likely presenting conditions and suitable intervention options within your field of practice, including possible side effects and complications associated with the condition and intervention
- K23 the importance of recording information clearly, accurately and in a systematic manner
- K24 the types of information that must be recorded in relation to the preintervention assessment as a whole as well as any component aspects of the pre-intervention assessment
- K25 the importance of the timely recording of information regarding the preintervention assessment as a whole and any component aspects of the pre-intervention assessment

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### **Additional Information**

**External Links** 

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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