## Support individuals to take their medication as prescribed



#### **Overview**

This standard is about supporting individuals in understanding the effects and benefits of the medication prescribed for them and supporting them to understand the importance of taking their medication as directed. This standard is for all practitioners who are required to advise individuals about their medication and the importance of taking their medication as prescribed. Users of this standard will need to ensure that practice reflects up to date information and policies.

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# Performance criteria

You must be able to:	P1	adapt your communication style and the amount of information provided
		according to the needs and abilities of the individual
	P2	confirm the medication, the dose, the frequency of dispensing, the route and
		frequency of administration and the length of course of treatment
	P3	check that individuals understand why and how their medication should be
		taken
	P4	confirm if any significant others should be aware of the medication that has
		been prescribed
	P5	explain the likely effects and benefits of the use of their prescribed medication
	P6	explain the consequences of not taking their prescribed medication
	P7	identify any reasons for individuals not wishing to take their prescribed
		medication
	P8	explore any concerns with individuals and address any issues they may have
	P9	ensure that individuals are aware of any potential side effects and the risks
		involved in exceeding the prescribed dose
	P10	explain any potential consequences of combining prescribed medication with
		other substances
	P11	explain to individuals the importance of storing medicines in a safe place and
		out of reach of children
	P12	advise individuals of any driving restrictions and that it is illegal to drive under
		the influence of certain drugs
	P13	provide individuals with supporting information that can be taken away and

P14 ensure that the information and/or advice offered is accurate, relevant and

complies with national guidelines and local protocols

consulted later

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# Knowledge and understanding

# You need to know and understand:

- K1 legal, organisational and policy requirements relevant to your role and the activities being carried out
- K2 how to adapt communication styles in ways which meet the individual's needs, strengths and capabilities
- K3 how to check individuals' understanding of the information they are given
- K4 how to identify any reasons for individuals not wishing to take their prescribed medication
- K5 how to support the choice and wellbeing of the individual which is appropriate to their needs and preferences
- K6 how to explore individuals' concerns, reassure them and address any issues they may have
- K7 the clinical governance arrangements within your organisation, how they operate and your responsibilities in relation to this
- K8 the effects and benefits of the use of prescribed medication
- K9 the consequences of not taking the prescribed medication to self and others
- K10 how to provide advice and guidance relating to the safe storage of drugs and the need to consider safeguarding issues where people in receipt of drugs have parental responsibilities
- K11 potential side effects of the medication and the risks involved in exceeding the prescribed dose
- K12 the potential consequences of combining prescribed medication with alcohol and other substances
- K13 the principle of confidentiality and the implications for your practice
- K14 how to ensure that the information and/or advice offered is accurate, relevant and complies with national guidelines and local protocols
- K15 the legal restrictions on driving whilst under the influence of certain medications and your legal obligation to ensure individuals are aware of these
- K16 the principles of equality, diversity and anti-discriminatory practice and how they are applied
- K17 the importance of keeping full and accurate records, and how to do so in line with organisational requirements

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#### **Additional information**

External Links This standard links with the following dimension within the NHS Knowledge and

Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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