

## SFHGEN38

### Arrange access to services identified in the individual's rehabilitation plan



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#### Overview

This standard is about arranging access to services identified in an individual's rehabilitation plan. The rehabilitation plan may have been developed following a clinical, surgical or therapeutic intervention for a specific health condition (e.g. a cardiac rehabilitation plan).

Users of this standard will need to ensure that practice reflects up to date information and policies.

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### Performance criteria

- You must be able to:*
- P1 communicate and agree the overall objectives of the rehabilitation plan with service providers
  - P2 ensure services meet the needs identified in the individual's rehabilitation plan
  - P3 establish effective arrangements for the exchange of information between those involved in delivery of services
  - P4 integrate care with the local network of secondary prevention and other services
  - P5 work effectively with healthcare professionals and other agencies
  - P6 make arrangements for long-term access to appropriate physical activity, medical or social support

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#### Knowledge and understanding

*You need to know and understand:*

- K1 how to ask questions, listen carefully, observe and summarise back
- K2 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K3 the principle of confidentiality and what information may be given to whom
- K4 how to produce written plans that are clear and concise
- K5 how to effectively negotiate with individuals, family members, carers and other professionals
- K6 research based evidence of the impact of environmental, social, lifestyle and behavioural factors on the incidence of specific health conditions
- K7 the potential bio-psycho-social impact of specific health conditions on individuals and their families
- K8 how to define levels of risk associated with individuals' health condition and its role in rehabilitation planning
- K9 the possible effects that modification of lifestyle and risk factors may have on individuals
- K10 the potential interaction of co-morbid conditions
- K11 how to obtain and interpret assessments of individuals' rehabilitation needs
- K12 drugs commonly used in the treatment of specific health conditions and their potential side effects
- K13 the availability and resource implications of local rehabilitation services and secondary prevention services

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### Additional Information

#### External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5 Provision of care to meet health and wellbeing needs

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