

SFHGEN43

Monitor and review the rehabilitation process with the individual, their family, carers and other professionals



Overview

This standard is about monitoring and reviewing progress against the goals agreed in rehabilitation plans with individuals, their family, carers and other professionals. The rehabilitation plan may have been developed following a clinical, surgical or therapeutic intervention for a specific health condition (e.g. a cardiac rehabilitation plan).

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 agree the purpose of monitoring the rehabilitation process with the individual and others significant to them
- P2 collect information about the progress of the rehabilitation process from the individual and others involved
- P3 review the individual's progress in relation to goals agreed in the rehabilitation plan
- P4 explore differing views on progress and aim to find a consensus on required future action
- P5 identify and take action to remedy any deficiencies in services or unmet needs
- P6 agree any changes to the rehabilitation plan with the individual and others involved
- P7 clearly and concisely document the individual's progress and any changes to the rehabilitation plan

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Knowledge and understanding

You need to know and understand:

- K1 how to ask questions, listen carefully, observe and summarise back
- K2 how to adapt communication styles in ways which are appropriate to different people (eg culture, language or special needs)
- K3 the importance of obtaining full and accurate information about individuals and how to do so
- K4 the principle of confidentiality and what information may be given to whom
- K5 how to produce written plans that are clear and concise
- K6 how to effectively negotiate with individuals, family members, carers and other professionals
- K7 how to explore differing views on progress and aim to find a consensus on required future action
- K8 the range of motivations people may have for changing their behaviour and lifestyle, and how to discover their motivations
- K9 basic counselling techniques
- K10 research based evidence of the impact of environmental, social, lifestyle and behavioural factors on the incidence of specific health conditions
- K11 the potential bio-psycho-social impact of specific health conditions on individuals and their families
- K12 how to define levels of risk associated with individuals' health condition and its role in rehabilitation planning
- K13 the possible effects that modification of lifestyle and risk factors may have on individuals
- K14 the potential interaction of co-morbid conditions
- K15 how to obtain and interpret assessments of individuals' rehabilitation needs
- K16 drugs commonly used in the treatment of specific health conditions and their potential side effects
- K17 the availability and resource implications of local rehabilitation services and secondary prevention services

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5 Provision of care to meet health and wellbeing needs

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