

SFHGEN45

Evaluate the outcomes of the individual's rehabilitation



Overview

This standard is about evaluating the outcomes of the individual's rehabilitation. This would take place following the development, monitoring and review of a rehabilitation plan. The rehabilitation plan may have been developed following a clinical, surgical or therapeutic intervention for a specific health condition (e.g. a cardiac rehabilitation plan).

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

- You must be able to:*
- P1 establish whether the rehabilitation plan was adjusted appropriately to address any changes in circumstances
 - P2 identify whether the individual's specific needs were addressed during the rehabilitation process
 - P3 evaluate the individual's achievement of rehabilitative changes
 - P4 re-assess the individual's and their family's knowledge of any modifiable risk factors relevant to the individual's health condition
 - P5 re-assess the individual's and their family's knowledge of any emergency procedures relevant to the individual's health condition
 - P6 arrange for re-assessment of the individual's rehabilitation needs if the rehabilitation programme failed to achieved desired goals
 - P7 record the outcome of evaluations for audit purposes and to inform future service development

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Knowledge and understanding

You need to know and understand:

- K1 how to ask questions, listen carefully, observe and summarise back
- K2 how to adapt communication styles in ways which are appropriate to different people (eg culture, language or special needs)
- K3 how to set goals that are SMART (ie Specific, Measurable, Achievable, Realistic and Time-bound)
- K4 how to measure outcomes to assess the impact of agreed plans
- K5 how to effectively negotiate with individuals, family members, carers and other professionals
- K6 how to explore differing views on progress and aim to find a consensus on required future action
- K7 the range of motivations people may have for changing their behaviour and lifestyle, and how to discover their motivations
- K8 basic counselling techniques
- K9 research based evidence of the impact of environmental, social, lifestyle and behavioural factors on the incidence of specific health conditions
- K10 the potential bio-psycho-social impact of specific health conditions on individuals and their families
- K11 how to define levels of risk associated with individuals' health condition and its role in rehabilitation planning
- K12 the possible effects that modification of lifestyle and risk factors may have on individuals
- K13 the potential interaction of co-morbid conditions
- K14 how to obtain and interpret assessments of individuals' rehabilitation needs
- K15 drugs commonly used in the treatment of specific health conditions and their potential side effects
- K16 the availability and resource implications of local rehabilitation services and secondary prevention services

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5 Provision of care to meet health and wellbeing needs

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