

SFHHAS3.2

Provide advice and referral to help individuals with diabetes care for their feet



Overview

This standard covers providing advice on basic foot care, and referring those individuals who need further examinations or treatment. The activities described in this standard may be a part of the regular review of the health of a person with diabetes, or the review of progress with a care plan. The individual may be accompanied by a carer, who should be included in the discussions if the individual chooses to involve them.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 discuss the results of the examination with the individual and carer in an appropriate manner, and at a suitable level and pace
- P2 explain any indications of specific problems revealed by the examination, including any areas of uncertainty which may require further tests
- P3 discuss what may be done to address any problems, by the individual and by the health care team, and arrange for further treatment or examinations where this is indicated by your risk assessment
- P4 assess through discussion the individual's understanding of the risks to their feet, and reinforce the benefits of self care and monitoring
- P5 offer written information on foot care in a suitable form for the individual and carer, to reinforce their understanding
- P6 agree when the individual will next come for examination, leaving an interval appropriate to the risks you have identified
- P7 make a record of the examination and any actions to be taken which can be followed by other members of the care team, the individual and carer

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Knowledge and understanding

You need to know and understand:

- K1 the relevant national guidelines for diabetes
- K2 the causes of diabetes
- K3 the signs and symptoms of diabetes
- K4 the importance and effects of patient education and self management
- K5 the impact of nutrition and physical exercise
- K6 the risks of diabetes for foot health
- K7 the sources of professional and patient information on diabetes and foot care
- K8 how to gather information from patients about their health
- K9 how to work in partnership with patients and carers
- K10 the person's own role in diabetes healthcare as a member of a multidisciplinary team
- K11 the roles of other members of the team
- K12 local guidelines on diabetes healthcare
- K13 local referral pathways for foot health
- K14 local systems for recording patient information
- K15 local quality assurance systems
- K16 the law and good practice guidelines on consent

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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Developed by	Skills for Health
Version number	1
Date approved	June 2010
Indicative review date	June 2012
Validity	Current
Status	Original
Originating organisation	Skills for Health
Original URN	HAS3.2
Relevant occupations	Health, Public Services and Care; Nursing and Subjects and Vocations Allie; Health Professionals; Healthcare and Related Personal Services
Suite	Diabetes
Key words	Footcare, feet