

SFHMH62

Identify the concerns, priorities and values of people and significant others in relation to their mental health and mental health needs



Overview

This standard covers determining the concerns, interests, values and priorities of people and significant others in relation to their mental health and mental health needs. Following this identification the practitioner is required to find out about how others have addressed these issues elsewhere so that they may build on these experiences and learn from others' practice.

This standard applies to those who work with a range of people and significant others to determine the concerns and priorities they have about mental health and mental health needs. Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 use a range of methods to identify the concerns and priorities and values of people and significant others
- P2 select and use methods which:
 - P2.1 encourage people's active participation
 - P2.2 are sensitive to their personal beliefs and preferences
 - P2.3 promote their rights
 - P2.4 stimulate their interest
 - P2.5 are recognised as good practice in the field
 - P2.6 are capable of gaining sufficient, valid and reliable information on the concerns and priorities and values of the people concerned
- P3 ensure your selected methods and the information gained are those most likely to develop a sufficient appreciation of the context of people's lives and the opportunities and constraints which affect them
- P4 make approaches to people in ways that build on and support current networks
- P5 check with people to ensure that your understanding of their concerns, priorities and values is accurate
- P6 make information available in a suitable form when the people who provided the information want to see how it has been interpreted and analysed
- P7 ensure your interactions with people acknowledge that the context of people's lives, their resultant feelings, and behaviour continuously changes, as does information about them
- P8 plan to use alternative approaches in future work, where appropriate and possible, if the methods you selected are unsuccessful in gaining sufficient information
- P9 keep a record of what has been achieved and identify any lessons for future work
- P10 make networks and links with others who have expertise in similar areas of work and encourage opportunities to share, support and learn collaboratively
- P11 actively seek information from a wide variety of sources, including those which challenge and stimulate your own thinking process
- P12 identify a range of models and approaches which others have used to address concerns and priorities related to mental health and mental health needs
- P13 use information from evidence based practice in different settings to

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inform your own thinking

- P14 seek further advice and support if you have difficulties in interpreting the evidence
- P15 select models and approaches for use on the basis of:
 - P15.1 research into their effectiveness and evidence based practice
 - P15.2 appropriateness to the concerns, priorities and values of the people involved and the context of their lives
 - P15.3 suitability for and capability of implementation in your own setting
- P16 seek further advice and support if you have difficulty understanding people's concerns, priorities and other values, and/or resolving conflicts with or between them

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Knowledge and understanding

You need to know and understand:

- K1 the importance of engagement, listening and interviewing skills
- K2 the likely concerns, priorities and other values of people and significant others in relation to their mental health and mental health needs and how these are linked to recovery
- K3 quantitative and qualitative methods of analysis appropriate to determining people's concerns, interests and priorities
- K4 how to evaluate the raw data and the information which is produced to inform decisions given any over-riding constraints
- K5 how the evaluation will by its nature assess the quality of the data and information which is produced and how such information should be fed back into improvements in the future
- K6 evidence for the inter-relationship between socio-economic factors, including cultural, gender and financial factors, and mental health
- K7 evidence for the inter-relationship between personal factors, including spiritual understanding and mental health
- K8 the effect which people's current level of knowledge and understanding, personal beliefs and preferences, experiences and use of services, and life context may have on their needs and interests
- K9 the kinds of misinformation which people receive about mental health and how this can be managed
- K10 the difference between misinformation and alternative views of considering practice
- K11 holistic concepts and approaches to health and social well-being
- K12 how to respect and acknowledge people's priorities and values in relation to their mental health
- K13 your own values and how these affect your work with people who use services and with other service providers
- K14 debates about the nature of 'knowledge/facts' and what are 'views/opinions' and how this may influence what one seeks to promote in relation to mental health
- K15 the range of messages which people may receive in relation to their mental health and how they may perceive these
- K16 effective consultation processes with people and significant others
- K17 how to effectively involve people and significant others in planning and setting agendas for your work

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- K18 the range of approaches in mental health promotion and where they are used
- K19 how to evaluate the effectiveness of the different models, concepts, paradigms and approaches and disentangle these from the personal beliefs and preferences of their proponents
- K20 how to evaluate whether a model, concept, paradigm or approach might be of use in your setting
- K21 the importance of recognising the potential imbalance of the powerbase when there is professional involvement in people's lives and how to deal with this
- K22 the importance of clinical supervision and how to access this

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 4 Service improvement

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