

SFHOPF6

Implement interventions with individuals at risk of osteoporosis



Overview

This standard is about working in partnership with individuals to implement and review interventions in the context of their agreed individualised care plan to address their risk of osteoporosis. It covers confirming the nature, purpose and goals of the interventions, implementing the interventions and monitoring the outcomes. In the context of this standard, individuals are those assessed at high risk of osteoporosis as well as those who already have the disease. Interventions will be implemented as part of a multi-factorial intervention programme focused on the individual's particular risk factors.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 explain clearly your role and its scope, your responsibilities and accountability
- P2 communicate with the individual in an appropriate manner, and encourage them to seek clarification of any procedures, information, and advice relevant to them
- P3 encourage the individual to involve other people in the discussion, where appropriate
- P4 explore the needs and expectations of the individual and his/her goals for the intervention
- P5 identify current or previous interventions that the individual may have experienced and the immediate requirements of his/her individualised care plan
- P6 obtain the valid consent of the individual for the actions to be undertaken on his/her behalf, and agree the information which may be passed to others
- P7 discuss and agree the role of the individual and any other people involved in achieving the goals of the agreed intervention
- P8 make arrangements for the intervention that are consistent with the individual's priority and his/her specific requirements
- P9 ensure the environment used for the intervention is suitable, and that the privacy and dignity of the individual is protected
- P10 implement the intervention in a safe and effective manner, using evidence based practices and processes
- P11 implement the intervention in a manner that is consistent with the individual's needs and specific requirements, and encourages their effective participation
- P12 minimise any discomfort to the individual within the constraints imposed by the intervention method
- P13 encourage any other people involved to give appropriate support to the individual throughout the intervention
- P14 monitor the effects of the intervention on the individual throughout the process, and identify any indications of increased risk
- P15 take appropriate action where the effects of the intervention are not as beneficial as expected
- P16 work in partnership with the individual and other people involved to assess the outcomes in relation to the goals agreed at the outset of the intervention
- P17 produce records and reports that are clear, comprehensive, and accurate, and maintain the security and confidentiality of information

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Knowledge and understanding

You need to know and understand:

- K1 the legislation which relates to your work including: health and safety, confidentiality and information sharing, the provision of services, individuals' rights, anti-discriminatory practice, valid consent and single assessment process
- K2 the professional standards and codes of practice for your area of work and how to interpret and apply these
- K3 how to manage your responsibilities and accountabilities as a professional with organisational and contractual requirements
- K4 the nature, aims, objectives, values, policies and systems of the organisation in which you work
- K5 the nature, extent and boundaries of your work role and its relationship to others in the organisation
- K6 the roles of other health and social care practitioners and how they relate between and across agencies
- K7 the ethics concerning consent and confidentiality, and the tensions which may exist between an individual's rights and the organisation's responsibility to individuals
- K8 the rights of individuals to make decisions for themselves and to take risks in the context of their own lives
- K9 methods of obtaining valid consent from individuals, and how to confirm that sufficient information has been provided on which to base this judgement
- K10 the actions to take if the individual withdraws their consent
- K11 how to deal with issues of confidentiality and who has the right of access to information that has been recorded
- K12 the ways in which, with the agreement of the individual, other people should be involved in communication in order to deliver the most effective outcome for the individual
- K13 the importance of working in a facilitative and enabling way and how to do this
- K14 the importance of focussing on people as individuals
- K15 the importance of respecting the diversity and values of individuals
- K16 how to present information in ways which are appropriate for different people
- K17 the effects of environments and contexts on communication
- K18 the ways in which communication can be modified and altered for different needs, contexts and beliefs
- K19 the main issues, debates, and policies relating to the health and well-being of individuals with or at risk of osteoporosis
- K20 the guidance that is available for your own practice, and the sources of the guidance

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- K21 evidence based practice, and its role in improving services
- K22 the principles of clinical risk management, and how to apply these to your work
- K23 the nature and progression of osteoporosis and its physical and psychological effects on individuals
- K24 the risk factors associated with osteoporosis, including skeletal and non-skeletal factors, and the relative impact of these
- K25 the diagnostic, therapeutic and preventative interventions that are effective in managing osteoporosis
- K26 the effects of drugs and interventions which are used to prevent and manage osteoporosis on the overall health and well-being of individuals
- K27 how to seek advice on conditions and drugs
- K28 the measures that can be taken by individuals to reduce their risk of osteoporosis
- K29 how to ensure that interventions are delivered as part of a co-ordinated, comprehensive and non-stigmatising service for individuals
- K30 the previous and present interventions that the individual may have experienced
- K31 the purpose of agreeing goals for the intervention at the start
- K32 the ways in which personal beliefs and preferences, including cultural or religious beliefs, may affect the intervention options open to individuals
- K33 how to identify the levels of understanding that individuals have of the proposed interventions and any possible side effects
- K34 the importance of encouraging individuals to ask questions, seek advice and express any concerns about interventions
- K35 the roles which individuals and other people involved need to take if the intervention is to be successful, and how to explain and agree these with them
- K36 the information which it may be necessary to share with others and how to make sure that individuals are clear about this
- K37 the environments in which interventions take place and the assessment of risk
- K38 how to prepare equipment, materials, work area, and yourself for the interventions
- K39 methods of using different interventions within your area of practice
- K40 how each of the interventions may be modified, consistent with evidenced based practice, in order to achieve a successful outcome
- K41 methods of encouraging individuals and other people involved to work as active partners in implementing the intervention
- K42 methods of enabling the individual to be as comfortable as possible and maintaining their dignity and privacy given the constraints of the particular intervention and the setting
- K43 the particular risks which specific interventions may have
- K44 how to monitor the effect of different interventions and evaluate its efficacy

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- K45 methods of establishing when interventions should be halted
- K46 when to seek advice and refer to other professionals
- K47 the local protocols for accessing, consulting and referral to other professionals
- K48 how to complete and structure records and reports so that they contain all of the essential information and are suitable for others to use
- K49 the importance of effective record keeping in accordance with professional guidelines and local policy, and the procedures relating to this

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Additional Information

External Links

This standard has indicative links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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Suite	Falls and Osteoporosis
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