

SFHPE1

Enable individuals to make informed health choices and decisions



Overview

This standard relates to contact with individuals who have defined health conditions to assist with planning and decision-making. This will include support by the provision of information, advice and access to other services to assist with decisions regarding possible interventions, treatments and issues of self-management in both short and long term.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

- You must be able to:*
- P1 select communication methods which meet the needs of relevant individuals and confirm their understanding
 - P2 identify the concerns, priorities and current level of knowledge of relevant individuals
 - P3 maintain confidentiality and uphold the dignity and privacy of patients
 - P4 explain the benefits and implications of each option in sufficient detail to address questions and concerns
 - P5 provide supporting materials in style and format to meet individual needs and with details of additional contacts to aid decision making
 - P6 offer options which acknowledge and balance the needs of the individual patient with those of their carer and family
 - P7 allow individuals time to consider options and actions and to obtain further information
 - P8 facilitate access to additional sources of support, information and advice
 - P9 agree an action plan that reflect the informed decision on their future health care

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Knowledge and understanding

You need to know and understand:

- K1 methods, tools and techniques for assessing and evaluating individual's health status, concerns, personal context and priorities
- K2 interview techniques and their application in a health care context
- K3 the effect which people's current level of knowledge and understanding, personal beliefs and preferences, experiences and use of services and life context may have on their needs and interests
- K4 how to respect and acknowledge people's priorities in relation to self management of their condition in both short and long term
- K5 the specific condition(s) that has been diagnosed for the individual, including its effects on health, lifestyle, expectations and needs for care support
- K6 requirements for medication, aids, support or other facilities related to the individual's condition
- K7 the range, type and likely effectiveness of aids, support groups and interventions to assist the individual in managing their condition
- K8 the knowledge and skills required by individuals to ensure their effective self-management of their condition
- K9 the difference between misinformation and alternative views of practice
- K10 holistic concepts and approaches to health and social well-being
- K11 the range of models, concepts, paradigms and approaches for promotion of health and self-management of defined conditions
- K12 how to evaluate the effectiveness and suitability of different models, concepts and approaches for individuals
- K13 the range of interventions, treatments, assistive devices, aids, support groups and networks that may be of assistant to the individual
- K14 how and where to access information in both oral and written forms
- K15 how and where to facilitate further professional support or referral
- K16 counselling techniques and interview methods

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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