

SFHPE3

Work with individuals to evaluate their health status and needs



Overview

This standard relates to contact with individuals who have defined health conditions to assist with the identification of action that will enable them to manage their condition more effectively.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 select communication methods which meet the needs of individuals
- P2 identify the concerns, priorities and current level of understanding and skills of individuals in relation to management of their condition
- P3 assess the patient and carers current state of readiness to make any possible changes in behaviour or lifestyle
- P4 communicate in ways which facilitate a sufficient understanding of the context of individuals' lives and the opportunities and constraints which affect them
- P5 encourage and acknowledge active participation in the evaluation and stimulate interest in planning future action
- P6 encourage open and honest communication to determine real needs and concerns in both short and long term views
- P7 use discretion and respect throughout the evaluation, balancing the rights of the individual with those involved in their care
- P8 offer realistic options to address concerns and emerging needs
- P9 identify barriers to informed choice and decision making
- P10 identify the needs for knowledge and skill development related to management of the defined condition
- P11 confirm your understanding of individual needs, agree next action with patients and those involved in their care
- P12 maintain confidentiality and uphold the dignity and privacy of patients

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Knowledge and understanding

You need to know and understand:

- K1 methods, tools and techniques for assessing and evaluating individual's health status, concerns, personal context and priorities
- K2 methods of structuring quantitative and qualitative data to allow appropriate analysis of the questions being asked
- K3 interview techniques and their application in a health care context
- K4 the effect which people's current level of knowledge and understanding, personal beliefs and preferences, experiences and use of services and life context may have on their needs and interests
- K5 how to respect and acknowledge people's priorities in relation to self management of their condition in both short and long term
- K6 the specific condition(s) that has been diagnosed for the individual, including its effects on health, lifestyle, expectations and needs for care support
- K7 requirements for medication, aids, support or other facilities related to the individual's condition
- K8 the range, type and likely effectiveness of aids, support groups and interventions to assist the individual in managing their condition
- K9 the knowledge and skills required by individuals to ensure their effective self-management of their condition
- K10 the difference between misinformation and alternative views of practice
- K11 holistic concepts and approaches to health and social well-being

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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