

SFHPE4

Agree a plan to enable individuals to manage their health condition



Overview

This standard relates to discussion and agreement with patients, their carers, families and other professionals to agree a plan for the information and support for individuals to manage a defined health condition effectively. This includes working from identified needs and confirming the resources needed to meet these needs.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

- You must be able to:*
- P1 review the identified needs and objectives for individuals and groups to improve knowledge and skills in self management of defined conditions
 - P2 evaluate optimum methods of delivery of required learning and development to meet the range of learning needs, styles and special requirements
 - P3 identify the potential and role of technology-based learning for target group
 - P4 balance the interests, concerns and priorities of individuals and/or the learner group against the opportunities available to provide learning
 - P5 develop flexible structures for managing and delivering learning opportunities
 - P6 establish clear expectations for outcomes of learning and criteria for success
 - P7 agree plans that are realistic and clearly demonstrate how objectives will be achieved
 - P8 document agreed strategy and confirm support from those that will influence its achievement

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Knowledge and understanding

You need to know and understand:

- K1 how to identify and prioritise the factors that influence a strategic plan for learning and development
- K2 how education can enable individuals to improve their health, well-being and management of a defined health condition
- K3 existing structures, systems and methods for providing patient education, their capabilities and limitations
- K4 how to propose changes in existing structures, systems and methods to improve patient education
- K5 how to identify, use and evaluate criteria for success
- K6 the specific condition(s) that has been diagnosed for individuals and groups including its effects on health, lifestyle, expectations and needs for care support
- K7 requirements for medication, aids, support or other facilities related to the individual's condition
- K8 the range, type and likely effectiveness of aids, support groups and interventions to assist the individual in managing their condition
- K9 the knowledge and skills required by individuals to ensure their effective self-management of their condition
- K10 the difference between misinformation and alternative views of practice
- K11 holistic concepts and approaches to health and social well-being
- K12 the key theories of learning and development and their application in a healthcare context
- K13 individual learning styles and the factors influencing effective learning
- K14 methods of evaluating learning and development against a range of criteria

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: G1 Learning and Development

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Developed by Skills for Health

Version number 1

Date approved June 2010

Indicative review date June 2012

Validity Current

Status Original

Originating organisation Skills for Health

Original URN PE4

Relevant occupations Health and Social Care; Healthcare and Related Personal Services

Suite Patient Education

Key words Plan condition management, patient education