Sustain and share a vision of improving health and wellbeing



Overview

This standard covers sustaining and sharing a vision of improving health and wellbeing. This will take place in relation to both ongoing work and on specific set occasions, such as when the practitioner is chairing / facilitating meetings.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must	be able to:
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- P1 identify clearly the wider benefits of improving health and wellbeing
- P2 establish with others
 - P2.1 values in relation to health and wellbeing
 - P2.2 a common vision for improving health and wellbeing
 - P2.3 goals and methods for improving health and wellbeing
- P3 clearly articulate the jointly agreed vision for improving health and wellbeing when working with other groups
- P4 challenge views and actions that are not consistent with improving health and wellbeing
- P5 seek opportunities to incorporate messages that support the vision into your own and others' daily activities
- P6 enable people to communicate their views on improving health and wellbeing, listen to what they are saying and respond appropriately to their views
- P7 identify and strive to overcome barriers to improving health and wellbeing
- P8 embed the vision and objectives of improving health and wellbeing throughout your own work

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Knowledge and understanding

You need to know and understand:

- K1 the social construction of health and illness and how this affects people's perceptions
- K2 the kinds of misinformation which people receive about health and wellbeing and how this can be counteracted
- K3 the stressors to health and wellbeing: biological; chemical; physical; social; psychosocial
- K4 inequality and discrimination and their impact on health and wellbeing: how to recognise and address inequality and discrimination
- K5 different models of leadership their application in different contexts
- K6 essential aspects of leadership objectivity, impartiality, integrity, foresight and the need to manage uncertainty and prolonged time-scales
- K7 barriers to leadership and how these can and have been overcome
- K8 effective ways of leading different individuals and teams at different stages of development and change
- K9 developing and framing statements of a vision for improving health and wellbeing that are realistic and capable of winning the support of others; appraisal and review of visions
- K10 how improving health and wellbeing can be promoted with agencies and individuals who have other interests
- K11 skills of networking and liaison, how to develop and use these oneself and support others to do so
- K12 consultation, negotiation and facilitation skills with different individuals and groups and in different contexts
- K13 models of agency development and how these have been put into action by others, the basis of these models and their meaning for the practice of workers
- K14 principles of effective change management: effective change management processes and how these may differ in different contexts and settings
- K15 principles of management theory and management skills to the development of capacity and capability to improve health and wellbeing
- K16 communication skills: how to respond to differences in the way that people communicate; the ways in which communication can be altered for different needs and contexts; barriers to cross cultural communication and ways of overcoming them
- K17 principles and benefits of collaborative working and the importance of reaching agreements about roles and responsibilities and arrangements for decision-making; the importance of involving the community in collaborative working
- K18 the impact of one's own and others' role, competence and power on the improvement of health and wellbeing given that it is socially constructed

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- K19 the ways in which, and the opportunities for highlighting, improving health and wellbeing can be address in a wide number of measures
- K20 evidence of how improving health and wellbeing has been integrated into policies in a range of settings and the benefits of using these examples as illustrations
- K21 the specific legislation, guidelines of good practice, charters and service standards that relate to the work being undertaken and the impact of these on the work
- K22 the services, policies and priorities of the worker's agency and how it relates to other agencies in the sector
- K23 the data storage and retrieval systems used by agencies working in health improvement
- K24 codes of practice and protocols about confidentiality and information sharing between agencies working in partnership
- K25 own role and responsibilities and from whom assistance and advice should be sought if necessary
- K26 the principles of equality, diversity and anti-discriminatory practice to work
- K27 the need to develop one's own competence and skills in line with changes in knowledge and practice; how the worker's area and scope of practice are changing, the evidence which is available on the work and the implications of this for their own skill and knowledge base; how the worker has maintained their knowledge, skills and competence

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 4 Service improvement

Level: 4

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