Empower communities to improve their own health and wellbeing



Overview

This standard covers empowering communities to improve their own health and wellbeing.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 discuss with communities theirs' and the practitioner's values and priorities in relation to health and wellbeing in an open and constructive way
- P2 act in ways which respect diversity and promote rights and responsibilities
- P3 support communities in prioritising their issues into an agenda for action
- P4 offer choices for improving health and wellbeing that are appropriate to the community's issues, context and situation
- P5 offer appropriate support to change, development and capacity building in the community
- P6 enable service providers to adapt and modify their approaches to achieve improvement in the health and wellbeing of communities
- P7 effectively disseminate outcomes in improving health and wellbeing to appropriate others maintaining the appropriate level of confidentiality

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Knowledge and understanding

You need to know and understand:

- K1 how to evaluate the impact of broader social, environmental and economic issues (e.g. poverty, employment, housing, the environment) on health and wellbeing
- K2 how to identify barriers to involvement and determine ways of overcoming them
- K3 how to apply principles of community development and change management in the empowerment of communities
- K4 how to apply knowledge of the links between social and economic factors and health and wellbeing needs to community empowerment
- K5 how to apply knowledge of the links between the environment and health and wellbeing to community empowerment
- K6 how to analyse time trends in health and wellbeing needs and inequalities to the empowerment of communities
- K7 how to apply negotiation and influencing skills in enabling communities to improve their health and wellbeing
- K8 how to evaluate the relative priorities of different community stakeholders
- K9 how to apply theoretical models of behaviour change, models of community development, and models of socio-political development to community empowerment
- K10 how to identify clear aims and objectives for community empowerment
- K11 how to appraise community empowerment strategies using a range of different outcome measures
- K12 the principles of community and organisational development and apply them to community empowerment

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: G7 Capacity and capability

Level: 3

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