

# SFHR12

## Deliver external beam kilovoltage radiation



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### Overview

This standard is concerned with the delivery of external beam kilovoltage radiation to an individual patient according to a previously developed treatment plan.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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### Performance criteria

*You must be able to:*

- P1 apply standard precautions for infection control and other appropriate health and safety measures
- P2 check and assess all treatment parameters and confirm that the treatment can be safely and accurately delivered
- P3 assess discrepancies against the locally stated tolerances to determine whether treatment can proceed or further action is required
- P4 make a final critical evaluation of the environment and patient prior to delivery of the radiation dose
- P5 review any deviations from the protocol and take appropriate action
- P6 check all parameters, settings, monitoring and measuring devices used in kilovoltage external beam radiation for function and accuracy of setting before treatment is delivered
- P7 check, before treatment commences, to ensure that no one except the patient remains in the room
- P8 deliver the dose according to the plan
- P9 observe the patient, equipment and treatment room during the treatment to detect any untoward events which may affect treatment delivery
- P10 provide an accurate permanent record of the treatment given by kilovoltage external beam radiation according to local protocols
- P11 assess the patient's needs on completion of the procedure and offer support as required
- P12 respond appropriately to any incidents, errors or accidents according to local and national requirements
- P13 regularly compare the cumulative dose with the original plan throughout the course of treatment to determine the degree of compliance, and take corrective action where necessary
- P14 recognise where help/advice is required, and seek this from appropriate sources

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### Knowledge and understanding

*You need to know and understand:*

- K1 the legislation and protocols relating to radiotherapy, in the areas of:
  - K1.1 current radiation protection regulations and local rules
  - K1.2 local protocols for data entry, utilisation, recording and transfer
  - K1.3 local protocols for verifying and validating treatment
  - K1.4 local protocols on informed consent
  - K1.5 local protocols for patient identification
  - K1.6 national and local guidelines for radiotherapy planning and treatment
- K2 the importance of applying standard precautions and the potential consequences of poor practice
- K3 the limitations of your own knowledge and experience and the importance of not operating beyond this
- K4 the roles and responsibilities of other team members
- K5 relevant anatomy, physiology and pathology e.g. regional, cross-sectional and functional
- K6 signs of patient distress and anxiety
- K7 clinical signs and symptoms which require attention and intervention
- K8 contraindications for treatment
- K9 concurrent and malignant disease progression and the potential impact on physiological systems
- K10 the side effects of radiotherapy and ways of managing them
- K11 infection control procedures
- K12 the effects of other treatment modalities used in treatment delivery and their side-effects e.g. chemotherapy
- K13 how to critically appraise a patient's preparation and treatment against relevant planning/patient information
- K14 the implications of matching photon, electron and kilovoltage beams
- K15 the use of kilovoltage beams in radiotherapy treatment
- K16 the principles of radiobiology including:
  - K16.1 effects of radiation on the cell cycle
  - K16.2 dose and fractionation regimes
- K17 the principles of radiotherapy, including:
  - K17.1 patient positioning and immobilisation in order to optimise reproducibility of treatment delivery
  - K17.2 selection of appropriate treatment technique for optimum delivery
  - K17.3 contra-indications to treatment
- K18 the principles of radiotherapy physics including:
  - K18.1 interaction processes with matter
  - K18.2 the use of beam filters
  - K18.3 impact of treatment parameters or changes to treatment parameters on dose distribution

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- K18.4 use of beam modifiers in changing the beam shape
- K19 the functions and safe use of the kilovoltage external beam radiation treatment unit controls, other equipment used in radiotherapy and an awareness of the technical limitations of specific treatment units
- K20 the advantages, disadvantages, risks and benefits of radiotherapy including effects of:
  - K20.1 stand-off
  - K20.2 apposition
  - K20.3 backscatter
  - K20.4 use of lead
- K21 care of equipment
- K22 equipment capabilities, limitations and user maintenance
- K23 efficiency and efficacy of patient immobilisation and positioning devices

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#### Additional Information

##### External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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