SFHRenAT4

Prepare pre- and post-transplant care and arrangements with the patient

Overview

Practical arrangements for family and understanding of what will happen to the patient and when are all crucial for the patient's well-being during the build-up to a living donor transplantation or their wait for a deceased donation. Discussion of such arrangements takes place repeatedly and provides opportunities for patients to express their feelings and for the practitioner to continue to help the patient understand the risks and benefits of transplantation.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

P1 provide the patient preparing for a living donor transplant with information and allow them to discuss this and their feelings during the work-up

P2 provide to the patient on the Transplant Register with information regularly and allow them to discuss this and their feelings (e.g. once every six months)

P3 discuss with the patient about the potential benefits and risks to them and a living donor if there is one

P4 explain the transplant unit's pathways and policies and what the patient can expect before and after the operation

P5 introduce patients from referring centres to the transplant centre so that they are familiar with it, understand its routines and how to use it (e.g. staff, layout, facilities, services)

P6 help the patient plan practical arrangements when the donation is to take place (e.g. transport, picking up patient's notes, what to do if unexpected things happen)

P7 help the patient plan family care arrangements for when a living donor transplant is scheduled or a deceased donor kidney becomes available (e.g. calling a relative, social worker, children into care)

P8 explain the timescales the patient and their family can expect after the operation (e.g. ICU stay, return to ward, return to referring centre, stay in other hospital, going home in short term [1 week], medium term [1 month], longer term)

P9 explain the procedures that the patient will encounter at the various stages (e.g. final tests and examination, post-op monitoring)

P10 help the patient recognise the contributions they can make to their own preparation and recovery

Knowledge and understanding

You need to know and understand:

K1 anatomy and physiology of the human body

K2 anatomy and physiology of the renal system

K3 the immune system

K4 psychological care skills/loss counselling

K5 principles of healthy living

K6 what patients can expect with and without transplantation

K7 the nature and risks and benefits of forms of renal replacement therapy for patients in different medical circumstances (dialysis, various, and transplantation)

K8 benefits of general health and lifestyle changes for renal patients

K9 clinical, physiological and psychological characteristics of the patient pathway before and after transplantation – what happens, when, why and how (e.g. how a transplant operation is performed)

K10 risks and benefits of transplantation (e.g. enhanced life prospects and lifestyle, side effects of immunosuppression, rejection, psychological issues)

K11 how lifestyle affects health specifically in relation to transplanted patients

K12 procedures and criteria associated with the National Transplant Register

K13 the psychological pressures that transplanted patients encounter

K14 evidence of beliefs about transplantation among informed and uninformed religious and cultural groups (e.g. typical mistaken beliefs that a religion opposes transplantation, religious pronouncements such as Muslim fatwa in favour of transplantation)

K15 options for patients with principled dietary restrictions

K16 patient and living donor information, education and support opportunities

K17 roles of other members of the multidisciplinary team

K18 procedures and protocols relating to transplantation for referring and transplant centres

K19 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)

K20 the importance of establishing rapport and how to do so

K21 how to ask questions, listen carefully and summarise back

K22 the importance of encouraging individuals to ask questions and how to do so

K23 the religious beliefs of different cultures

K24 the effects of different cultures and religions on care management and effects on family dynamics

K25 the principle of confidentiality and what information may be given to whom

K26 the importance of involving individuals in discussions, and how to do so

K27 how to negotiate effectively with individuals, families and other professionals
K28 the principles of evidence-based practice, and how to apply them
K29 coaching skills

Additional Information

External links

This standard links with the following dimensions within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB2 Assessment and care planning to meet health and wellbeing needs

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