

SFHRenAT9

Provide emotional and psychological support regarding transplantation



Overview

Effective practitioners respond to each patient on their merits, helping the patient to understand their own feelings, to have the relevant information to make an informed choice regarding transplantation, maintain or restore their motivation in the wait for transplantation.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 encourage the patient to describe their current situation, recent events and how they feel about them (including learning about their renal disease, gradual and sudden graft failure, e.g. through a thrombosis)
- P2 give the patient plenty of time to get used to talking about their situation and feelings
- P3 determine the patient's understandings, uncertainties and feelings (e.g. anger, frustration, loss, disappointment) by questioning to see what lies behind what the patient presents
- P4 identify where there are remediable factors (e.g. finances, co-morbidities) and refer to sources of help
- P5 identify the need for specialist referrals and encourage the patient to understand this need (e.g. counselling and other psychological care)
- P6 encourage the patient to take the initiative on how to improve the situation
- P7 provide explanation and normalisation where the patient does not take the initiative
- P8 involve other members of the family if the patient agrees and if it is likely to be helpful
- P9 agree with the patient how they and you will maintain contact and under what circumstances they should request a discussion
- P10 review patients and your approach to them through clinical supervision or reflective practice

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 the immune system
- K4 psychological care skills/loss counselling
- K5 principles of healthy living
- K6 what patients can expect with and without transplantation
- K7 the nature and risks and benefits of forms of renal replacement therapy for patients in different medical circumstances (dialysis, various, and transplantation)
- K8 effects of renal replacement therapy on mood and motivation
- K9 patients' psychological response to the prospect of transplantation and being on the Register and techniques for responding to them (e.g. waiting for a long time, uncertainty)
- K10 family relationships and ways of exploring them through observation, discussion and interviews
- K11 current evidence of the effects of the donation programme on donors and how to minimise adverse reactions
- K12 patterns of relationship between prospective living donors and recipients
- K13 clinical, physiological and psychological characteristics of the patient pathway before and after transplantation – what happens, when, why and how (e.g. how a transplant operation is performed)
- K14 how organs are obtained (e.g. living donation, deceased heart beating and non heart beating donation)
- K15 risks and benefits of transplantation (e.g. enhanced life prospects and lifestyle, side effects of immunosuppression, rejection, psychological issues)
- K16 objections to transplantation and how to probe underlying thinking and how to counter it
- K17 how lifestyle affects health specifically in relation to transplanted patients
- K18 procedures and criteria associated with the National Transplant Register
- K19 evidence of beliefs about transplantation among informed and uninformed religious and cultural groups (e.g. typical mistaken beliefs that a religion opposes transplantation, religious pronouncements such as Muslim fatwa in favour of transplantation)
- K20 statistics for renal transplantation locally
- K21 patient and living donor information, education and support opportunities
- K22 roles of other members of the multidisciplinary team
- K23 procedures and protocols relating to transplantation for referring and transplant centres
- K24 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)

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- K25 the importance of establishing rapport and how to do so
- K26 how to ask questions, listen carefully and summarise back
- K27 the importance of encouraging individuals to ask questions and how to do so
- K28 the religious beliefs of different cultures
- K29 the effects of different cultures and religions on care management and effects on family dynamics
- K30 the principle of confidentiality and what information may be given to whom
- K31 the importance of involving individuals in discussions, and how to do so
- K32 how to negotiate effectively with individuals, families and other professionals
- K33 the principles of evidence-based practice, and how to apply them
- K34 how to make use of clinical supervision and reflective practice
- K35 coaching skills

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Additional Information

External links

This standard has indicative links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: Core 1 Communication

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