

## SFHRenLD21

### Identify the need for emotional and psychological support for a living donor



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#### Overview

This standard is about identifying the need for emotional and psychological support for the donor after donation. This can be achieved by anyone in contact with the donor with the appropriate knowledge and skills.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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#### Performance criteria

*You must be able to:*

- P1 recognise that the operation to remove/receive a kidney is an operation that involves the whole family
- P2 emphasise that either the donor or recipient can withdraw from the process at any time, without criticism or pressure to continue
- P3 create opportunities to identify the need for emotional and psychological support (e.g. spending regular and frequent time on the ward)
- P4 identify particular people who are vulnerable and may need more support around the operation (e.g. suicide risk in the past, people who have been regularly on anti-depressants or who have struggled with the idea of donation)
- P5 encourage all the multidisciplinary team to feed in information and share responsibility for identifying any risk
- P6 understand and map out the boundaries of confidentiality
- P7 discuss with the donor what information may be included in the multidisciplinary team discussion and their wishes concerning confidentiality
- P8 identify any negative feelings the donor may display about adjusting after donation (e.g. post-operative or long-term issues, regret, loss, when the planned recipient is called for a cadaveric transplant)
- P9 identify the source of those negative feelings (e.g. discomfort from operation, change in relationship with recipient)
- P10 encourage discussion of emotional and relationship factors
- P11 communicate to other members of the multidisciplinary team any possible implications for the recipient
- P12 refer on to a specialist psychological therapist when you recognise you do not know how to respond effectively to the patient's needs

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#### Knowledge and understanding

*You need to know and understand:*

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 psychological care skills
- K4 how to interpret patients' emotional and psychological responses to donation
- K5 evidence of successful approaches to providing psychological support
- K6 how to approach others' problems without intruding one's own
- K7 how to maintain a support stance that is not judgmental
- K8 the treatment that donors will experience
- K9 the present ability of the multidisciplinary team to provide psychological support (e.g. clinical psychologist, social worker)
- K10 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K11 the importance of establishing rapport and how to do so
- K12 how to ask open-ended questions, listen carefully and summarise back
- K13 the importance of encouraging individuals to ask questions and how to do so
- K14 the range of specialist advice and support people may require, and how to access specialist advice and support to address relationship issues
- K15 methods of interviewing
- K16 the effects of culture and religious beliefs on individual communication styles
- K17 the effects of different cultures and religions on care management
- K18 the different features services must have to meet people's gender, culture, language or other needs
- K19 in-depth knowledge of the principle of confidentiality and what information may be given to whom
- K20 how information obtained from individuals should be recorded and stored
- K21 the importance of involving individuals in discussions, and how to do so
- K22 how to negotiate effectively with individuals, families and other professionals
- K23 the principles of evidence-based practice, and how to apply them

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### Additional Information

#### External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB2 Assessment and care planning

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**Suite** Renal

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