

## SFHRenRM2

### Agree a care plan with a patient with chronic kidney disease



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#### Overview

This standard is about reviewing the results of investigations of a patient with chronic kidney disease. It involves forming an opinion about the severity of kidney disease and its complications, identifying co-morbidities and unrelated health issues. It also includes agreeing a care plan with the patient. The assessment provides vital background information for identifying who will need renal replacement therapy (RRT), defining their suitability for different forms and providing an educational programme to enable a patient to make an informed choice between these options.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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#### Performance criteria

*You must be able to:*

- P1 fully discuss the results of the investigations and their implications with the patient, listen to the patient's opinion on the results of the investigations, their implications and resulting options for treatment
- P2 discuss uncertainties and implications with other members of the team and other practitioners with the patient's consent
- P3 interpret the information available and make an overall assessment of:
  - P3.1 appropriate aims for the plan of care and stages within it
  - P3.2 the patient's current state of health, their related needs and their prognosis
  - P3.3 the risks to their state of health in the short and longer term (e.g. implications for continuance of, or transition to, forms of RRT, the timing of preparatory actions such as vascular access, facilities for home dialysis and community support)
- P4 discuss and agree assessment outcomes with the patient, supporting them in thinking through the risks/benefits of therapy options
- P5 agree or update a care plan with the patient
- P6 refer people to other practitioners when needs and risks are beyond your own scope of practice, explaining why this is necessary
- P7 record what has been discussed, and inform relevant members of the care team

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#### Knowledge and understanding

*You need to know and understand:*

- K1 anatomy and physiology
- K2 renal function as a component of the whole body function
- K3 how to obtain from patients a valid picture of their goals, aspirations, feelings and expectations
- K4 causes, symptoms and associated conditions of renal failure
- K5 treatment of renal disease, failure and associated conditions
- K6 measuring physiological parameters (e.g. fluid, electrolytes, blood pressure, diabetic status)
- K7 investigating for specific conditions associated with renal dysfunction and co-morbidities
- K8 identification of complications and conditions associated with renal dysfunction or failure and their treatment (e.g. hypertension, renal bone disease, obstructive uropathy)
- K9 best practice treatment and stabilisation of conditions for patients on renal replacement and those on conservative care
- K10 contributions that patients can make to their own health and wellbeing (e.g. through lifestyle, diet, exercise, medication, self-testing)
- K11 how to identify and respond to the concerns which patients may have regarding their disease and the way in which it affects their lives
- K12 the effects of dependence and independence on the patient, carers and the provision of the service
- K13 developing plans of care with patients and other members of the multidisciplinary team
- K14 the role of other members of the multidisciplinary team, the support and information they can provide
- K15 how to ask open-ended questions, listen carefully and summarise back
- K16 methods of communicating sensitive information to individuals
- K17 how to provide individuals with opportunities to ask questions and increase their understanding
- K18 how to adapt communications styles in ways which are appropriate to different people (e.g. culture, language, or special needs)
- K19 how information obtained from individuals should be recorded and stored
- K20 how to obtain full and accurate information about individuals
- K21 how to treat individuals fairly
- K22 the effects of culture, religious beliefs, age and disabilities on individual communication styles

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### Additional Information

#### External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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<b>Developed by</b>	Skills for Health
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<b>Relevant occupations</b>	Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services
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<b>Suite</b>	Renal
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<b>Key words</b>	kidney, kidneys, donation, diabetes, donor, renal, transplant
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