# Diagnose co-morbid disease in a patient with established renal failure



#### **Overview**

This standard is about identifying and minimising the effects of co-morbid illnesses in patients with established renal failure as well as the constraints on the management of renal disease. It is part of a group of standards about intervention by different teams of practitioners working together to provide coherent treatment and care in concordance with the patient. The setting can be a main hospital site, satellite site, in the community and in the patient's home. It is relevant to all healthcare workers in primary and secondary care working to address and improve the health and wellbeing of patients with established renal failure.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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## Performance criteria

#### You must be able to:

- P1 obtain all relevant information about the patient from patient information systems and from other members of the multi-disciplinary team
- P2 take a full medical/social history from the patient
- P3 review all aspects of the agreed care plan with the patient focusing on the patient's view of their progress since the last assessment and discuss this, together with other relevant information, with the patient
- P4 obtain relevant information about the patient's condition by observation and examination (e.g. physical examination, observation of pallor, breathlessness, ankle oedema, weight, hydration, BP)
- P5 decide whether the assessment needs to involve another member of the multi-disciplinary team
- P6 discuss the results of the investigations with the patient, enabling them to understand their implications and how these can be managed (e.g. raised creatinine, low haemoglobin)
- P7 refer the patient to other practitioners when needs or risks are identified that are beyond your own scope of practice

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## Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology
- K2 renal function as a component of the whole body function
- K3 nature and consequences of renal failure
- K4 treatment of renal disease, failure and associated conditions
- K5 measuring physiological parameters (e.g. fluid, electrolytes, blood pressure, diabetic status)
- K6 investigating for specific conditions associated with renal dysfunction and co-morbidities
- K7 identification of complications and conditions associated with renal dysfunction or failure and their treatment (e.g. hypertension, renal bone disease, obstructive uropathy)
- K8 best practice treatment and stabilisation of conditions for patients on renal replacement and those on conservative care
- K9 co-morbid conditions that frequently occur alongside renal failure (e.g. diabetes, peripheral vascular disease, cardiovascular disease)
- K10 effects and side effects of medications
- K11 up-to-date evidence on the efficacy of drugs
- K12 the role of medication and the function of drugs commonly used with renal patients
- K13 how to identify and respond to the concerns which patients may have regarding their disease and the way in which it affects their lives
- K14 the effects of dependence and independence on the patient, carers and the provision of the service
- K15 the role of other members of the multidisciplinary team, the support and information they can provide
- K16 how to ask open-ended questions, listen carefully and summarise back
- K17 methods of communicating sensitive information to individuals
- K18 how to provide individuals with opportunities to ask questions and increase their
- K19 how to adapt communications styles in ways which are appropriate to different people (e.g. culture, language, or special needs)
- K20 how information obtained from individuals should be recorded and stored
- K21 how to obtain full and accurate information about individuals
- K22 how to treat individuals fairly
- K23 the effects of culture, religious beliefs, age and disabilities on individual communication styles
- K24 the different features services must have to meet people's gender, culture, language or other needs

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#### **Additional Information**

**External links** 

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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