

SFHRenRR1

Help the patient to evaluate the different renal replacement therapy options



Overview

This standard is about helping patients with or approaching established renal failure to choose whether or not to have renal replacement therapy and, if so, in what form: forms of peritoneal dialysis and haemodialysis in various locations or transplantation (which may or may not entail the patient having dialysis while waiting for a donor). The alternative is to opt for conservative and palliative care.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 provide information in a structured way and in forms likely to help the patient and carer understand the available options
- P2 describe what is involved in each option (e.g. access, location, medication, progress of the disease)
- P3 describe evidence on the effectiveness of each option (e.g. statistics on survival, information on how people undertake work, holidays)
- P4 describe facilities available locally to deliver the options
- P5 help the patient and carer consider the impact of their choice on the patient's lifestyle (e.g. work, domestic life, social life, sport, holidays, sexual health, family planning)
- P6 where the patient would value talking to other patients or other members of the multidisciplinary team, arrange the introduction (e.g. patients association, psychological support)
- P7 summarise the advantages and disadvantages of each option from the patient's point of view
- P8 communicate information over a period of time and give the patient time to think
- P9 assess the patient's comprehension of the available options and their likely impact, taking into account evidence on patient health and ability to make decisions and the views of other members of the multidisciplinary team

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Knowledge and understanding

You need to know and understand:

- K1 procedures for checking and documenting consent to a choice of therapy
- K2 renal disease, its symptoms and progression
- K3 methods of treatment and management before, after and without renal replacement therapy
- K4 evidence on patients' ability to make decisions in different states of health (e.g. depression)
- K5 predicting when renal replacement therapy will be needed
- K6 ways of presenting evidence to non-expert patients and carers (e.g. about types of therapy, location of dialysis)
- K7 ways of weighing up evidence and patients' preferences
- K8 methods for evaluating the suitability of a patient for different therapies (e.g. clinical, psychological and social suitability)
- K9 how to ensure that the choice is the patient's within necessary constraints (e.g. of medical history, current condition, co-morbidities)
- K10 availability of treatment facilities in the local area
- K11 means of accessing local facilities
- K12 how information obtained from individuals should be recorded and stored
- K13 how to obtain full and accurate information about individuals
- K14 procedures and criteria for prioritising limited facilities
- K15 how to ask open-ended questions, listen carefully and summarise back
- K16 methods of communicating sensitive information to individuals
- K17 the importance of providing individuals with opportunities to ask questions and increase their understanding
- K18 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language, or special needs)
- K19 the importance of identifying how the individual wishes to be addressed and communicated with, and how to do so
- K20 how to highlight the individual's abilities in a positive way
- K21 the importance of treating individuals fairly, and how to do so
- K22 the effects of culture, religious beliefs, age and disability on individual communication styles
- K23 the different features services must have to meet people's gender, culture, language or other needs

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Additional Information

External links

This standard has indicative links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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