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### Overview

This standard is about planning post transplant surgery care and monitoring with the potential recipient. It begins early in a patient's career and is revisited many times during the waiting period for a donor kidney.

Users of this standard will need to ensure that practice reflects up to date information and policies.

# SFHRenTP1

## Prepare with the patient their care and monitoring

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### Performance criteria

*You must be able to:*

- P1 begin to discuss care and monitoring as soon as transplantation is considered
- P2 explain the process and importance of following a specific plan of their care and monitoring
- P3 establish and agree monitoring methods (eg blood tests, weighing)
- P4 emphasise that transplantation is a therapy not a cure
- P5 be honest about the discipline and restrictions that are required from them after surgery (e.g. medication, attending clinic appointments, lifestyle, giving up smoking)
- P6 assess and gain their commitment to their care and monitoring, listening carefully to their preferences
- P7 explain what the patient can expect when they wake up from surgery and that they will be nursed in a specialist area with dialysis facility
- P8 inform the patient what will happen at post transplant assessments, their frequency (e.g. 3 x week, monthly, 6 weekly, 3 monthly and annual reviews), who the patient can expect to see (eg member of the multidisciplinary team or nurse) and where the assessments are likely to be held
- P9 explain the conditions that need to be achieved in order to move onto
- P10 the next stage of monitoring (e.g. stable potassium levels and creatinine clearance)
- P11 describe the focus of long-term screening (for skin cancer, BP monitoring, smoking habits)
- P12 communicate consistently the patient's responsibility to keep themselves well and the expectation that they will lead autonomous lives
- P13 provide opportunities for the patient to ask questions and increase their understanding of their symptoms
- P14 make clear notes of the care and monitoring plan and monitoring methods

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### Knowledge and understanding

*You need to know and understand:*

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 the immune system
- K4 full understanding of the rejection process
- K5 immunosuppression therapy
- K6 current accepted best practice for care and monitoring of transplanted patients (e.g. NICE guidelines, local guidelines)
- K7 types and methods of taking different medications
- K8 the effects, side effects and potential interactions of different medications
- K9 the effects, side effects and potential interactions of renal transplantation medication on other health conditions, and the effect of other health conditions on renal transplantation medication
- K10 the multidisciplinary team member responsible for each aspect of the individual's care plan and how to contact them
- K11 organisational guidelines on keeping records
- K12 your level of authority in optimising care
- K13 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K14 the importance of establishing rapport and how to do so
- K15 how to ask questions, listen carefully and summarise back
- K16 the importance of encouraging individuals to ask questions and how to do so
- K17 the religious beliefs of different cultures
- K18 the effects of different cultures and religions on care management
- K19 the principle of confidentiality and what information may be given to whom
- K20 the importance of involving individuals in discussions, and how to do so
- K21 how to negotiate effectively with individuals, families and other professionals
- K22 the principles of evidence-based practice, and how to apply them

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## Additional Information

### External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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<b>Developed by</b>	Skills for Health
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<b>Originating organisation</b>	Skills for Health
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<b>Relevant occupations</b>	Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services
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<b>Suite</b>	Renal
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<b>Key words</b>	kidney, kidneys, diabetes, renal
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