

SFHRenTP10

Identify and influence patients who are not adhering to their medication regime



Overview

This standard is about identifying patients who are not adhering to their medication regime and influencing them positively to do so.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 collect information from other members of the multidisciplinary team who see the patient (e.g. doctors, nurses, psychologists, dieticians) about the patient's renal, medical and social condition (e.g. blood results, weight, mood)
- P2 recognise when the monitored results fall outside the acceptable parameters
- P3 recognise when a patient might not be taking the medication they are supposed to be taking (not attending appointments, unexpected drop in calcium levels, blood pressure control becoming unstable, putting fluid weight on)
- P4 describe the factual information you have to the patient and sensitively probe to establish whether they have taken their prescribed medication
- P5 discuss the consequences for them of not taking their prescribed medication (e.g. the length of time after which they will lose the function of the kidney)
- P6 explain the limits of the resources that the renal service can offer the patient (e.g. the possibilities of receiving another kidney)
- P7 gain agreement on the importance of adherence to the treatment plan
- P8 offer the services of a dedicated psychology link nurse to achieve adherence to the treatment plan

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 psychological care
- K4 human psychological change and development (e.g. adolescence)
- K5 body image concerns
- K6 the risks and effects of non adherence
- K7 motivational interviewing
- K8 the rejection process
- K9 current accepted best practice for medication of transplanted patients (e.g. NICE guidelines)
- K10 types and methods of taking different medications
- K11 the effects, side effects and potential interactions of different medications
- K12 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K13 the pressures that transplanted patients may come up against
- K14 the rejection process
- K15 immunosuppression therapy
- K16 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K17 the importance of establishing rapport and how to do so
- K18 how to ask questions, listen carefully and summarise back
- K19 the importance of encouraging individuals to ask questions and how to do so
- K20 empathy and non-blaming problem solving approach
- K21 the religious beliefs of different cultures
- K22 the effects of different cultures and religions on care management
- K23 the principle of confidentiality and what information may be given to whom
- K24 the importance of involving individuals in discussions, and how to do so
- K25 how to negotiate effectively with individuals, families and other professionals
- K26 the principles of evidence-based practice, and how to apply them

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Additional Information

External links

This National Occupational Standard was developed by Skills for Health.

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB2 Assessment and care planning

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