

SFHRenTP11

Plan with the patient how to minimise and manage side effects of immunosuppressive therapy



Overview

This standard is about informing recipients about the physical and psychological side effects of immunosuppressive therapy, what is controllable (and how), what else might be expected, and how they might manage these events.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 find out what the patient knows and understands
- P2 discuss fully the benefits and possible side effects of the proposed treatment (e.g. reduced ability to fight infections, skin changes and hair growth with cyclosporin, mood swings, oral and gum conditions)
- P3 discuss how side effect risks can be minimised (e.g. avoiding individuals who are known to be infectious, avoiding direct sunlight, electrolysis for excessive hair growth, regular blood tests)
- P4 recognise and respond to signs of ambivalence that may indicate a limited commitment limit to taking the immunosuppression treatment prescribed (e.g. motivational interviewing)
- P5 enable the patient and their family to feel safe in exploring what may be difficult issues (e.g. the effects of steroid therapy on their feelings, relationships and behaviour)
- P6 offer the patient and their family opportunities to discuss their concerns
- P7 seek specialist advice when any problems occur that are outside your own level of expertise (e.g. skin lesions, psychological and relationship difficulties)

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 the immune system
- K4 psychological care
- K5 psychological care skills
- K6 human psychological change and development (eg adolescence, aging)
- K7 body image concerns
- K8 specialist healthcare
- K9 renal disease, its progression and treatment
- K10 current accepted best practice for medication of transplanted patients (eg NICE guidelines)
- K11 types and methods of taking different medications
- K12 the effects, side effects and potential interactions of different medications
- K13 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy (e.g. skin condition, oral and gum condition effects of Cyclosporin)
- K14 the pressures that transplanted patients may come up against
- K15 the rejection process
- K16 immunosuppression therapy
- K17 the psychological pressures that transplanted patients come up against
- K18 generic work-related knowledge
- K19 communication and interpersonal relationships
- K20 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K21 the importance of establishing rapport and how to do so
- K22 how to ask questions, listen carefully and summarise back
- K23 the importance of encouraging individuals to ask questions and how to do so
- K24 equality, diversity and anti-discriminatory practice
- K25 the religious beliefs of different cultures
- K26 the effects of different cultures and religions on care management
- K27 information and knowledge management
- K28 the principle of confidentiality and what information may be given to whom
- K29 involvement and motivation
- K30 the importance of involving individuals in discussions, and how to do so
- K31 negotiation and influencing
- K32 how to negotiate effectively with individuals, families and other professionals

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K33 reflective practice

K34 the principles of evidence-based practice, and how to apply them

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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