

SFHRenTP13

Advise patients on conception and contraception health issues



Overview

This standard is about advising men and women who have received a transplanted kidney and want to know about conception and fertility issues.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 encourage discussion of the subject at any stage of the patient's renal career (e.g. at the patient's review clinic)
- P2 identify the exact question(s) you are being asked (e.g. advisability of conception, likelihood of success, risks, sperm count for males with immunosuppression)
- P3 discuss with the patient the effects of pregnancy on renal function (e.g. likelihood of CRF progression) and the chances of transplant failure
- P4 give the patient evidence-based information which allows them to make an informed decision for themselves (e.g. fertility rates in males, the current recommendation for the transplanted kidney to be stable for at least 1 year before pregnancy is embarked upon and creatinine level is < 150)
- P5 liaise with other practitioners where the subject extends beyond your own field of competence
- P6 be prepared to discuss difficult issues, especially where the patient has a preference to taking an option that is medically high risk (e.g. seeking IVF)

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 normal reproductive physiology and how this may be altered in transplanted patients
- K4 psychological care skills
- K5 current accepted best practice for care of transplanted patients (e.g. NICE guidelines)
- K6 the effects, side effects and potential interactions of different medications
- K7 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K8 the effects of medication on reproductive physiology
- K9 available contraception options available and their specific risks and benefits in transplanted patients
- K10 the pressures that transplanted patients may come up against
- K11 immunosuppression therapy
- K12 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K13 the importance of establishing rapport and how to do so
- K14 how to ask open-ended questions, listen carefully and summarise back
- K15 the importance of encouraging individuals to ask questions and how to do so
- K16 the religious beliefs of different cultures
- K17 the effects of different cultures and religions on care management
- K18 the principle of confidentiality and what information may be given to whom
- K19 the importance of involving individuals in discussions, and how to do so
- K20 how to negotiate effectively with individuals, families and other professionals
- K21 the principles of evidence-based practice, and how to apply them

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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Developed by	Skills for Health
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