

SFHRenTP15

Provide emotional and psychological support for transplanted patients



Overview

This standard is about providing emotional and psychological support for the recipient after donation. This can be achieved by anyone with the appropriate knowledge and skills in contact with the recipient.

Users of this standard will need to ensure that practice reflects up to date information and policies.

SFHRenTP15

Provide emotional and psychological support for transplanted patients

Performance criteria

You must be able to:

- P1 make regular opportunities for the patient to see and be seen by the members of the multidisciplinary team (e.g. annual review appointments)
- P2 communicate consistently that the patient is an autonomous person who has responsibility for themselves
- P3 assess the patient's emotional and psychological well-being
- P4 seek out the source of emotional or psychological disturbance
- P5 offer the opportunity to discuss any worries or concerns
- P6 give the facts, at a level that the patient wishes to receive, to reassure the patient when they are fearful that their transplant function is deteriorating
- P7 offer the patient the opportunity to talk to another person in the multidisciplinary team if they believe it would be of benefit (e.g. psychologist, doctor, renal social worker)
- P8 review patients and your approach to them through clinical supervision or reflective practice

SFHRenTP15

Provide emotional and psychological support for transplanted patients

Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 human psychology
- K4 normal emotions and feelings
- K5 psychological care skills
- K6 the range of responses of patients to transplantation
- K7 the effects, side-effects and potential interactions of different medications
- K8 the effects, side-effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K9 the psychological pressures that transplanted patients come up against
- K10 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K11 the importance of establishing rapport and how to do so
- K12 how to ask questions, listen carefully and summarise back
- K13 the importance of encouraging individuals to ask questions and how to do so
- K14 the religious beliefs of different cultures
- K15 the effects of different cultures and religions on care management
- K16 the principle of confidentiality and what information may be given to whom
- K17 the importance of involving individuals in discussions, and how to do so
- K18 how to negotiate effectively with individuals, families and other professionals
- K19 the principles of evidence-based practice, and how to apply them
- K20 how to make use of clinical supervision and reflective practice

SFHRenTP15

Provide emotional and psychological support for transplanted patients

Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB5 Provision of care to meet health and wellbeing needs

SFHRenTP15

Provide emotional and psychological support for transplanted patients

Developed by	Skills for Health
---------------------	-------------------

Version number	1
-----------------------	---

Date approved	June 2010
----------------------	-----------

Indicative review date	June 2012
-------------------------------	-----------

Validity	Current
-----------------	---------

Status	Original
---------------	----------

Originating organisation	Skills for Health
---------------------------------	-------------------

Original URN	RenTP15
---------------------	---------

Relevant occupations	Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services
-----------------------------	--

Suite	Renal
--------------	-------

Key words	kidney, kidneys, diabetes, renal
------------------	----------------------------------