

SFHRenTP16

Provide specialist clinical psychology intervention for transplanted patients



Overview

This standard is about providing psychological therapy and interventions to a donor by a specialist psychologist. This will have been sought when emotional and psychological support has been identified as ineffective in supporting a donor's emotional health.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 identify the nature of current emotions and the pattern before and since the transplantation
- P2 agree with the multidisciplinary team the physical and medical conditions that can be remedied
- P3 identify and conduct an investigation that is primarily psychological and underpinned by theory and evidence
- P4 help the team, with the patient's consent, to understand the patient's progress and psychological needs (e.g. managing the patient's anxiety)
- P5 work with the multidisciplinary team to deliver the renal care plan more effectively
- P6 select a psychological therapy that is likely to be effective after physical and medical conditions are managed
- P7 develop a multidisciplinary care plan (e.g. for violent or aggressive patients)
- P8 participate in service-level developments to improve psychological care, working relationships with patients, adherence to care plans, etc
- P9 review patients and your approach to them through clinical supervision or reflective practice

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 how people respond under pressure
- K4 motivational interviewing
- K5 family therapy skills
- K6 models of changing behaviour
- K7 health belief models
- K8 psychological therapeutic approaches (e.g. cognitive therapy)
- K9 the nature of depression and how it presents
- K10 psychological theories applicable to the transplanted patient
- K11 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K12 the importance of establishing rapport and how to do so
- K13 how to ask questions, listen carefully and summarise back
- K14 the importance of encouraging individuals to ask questions and how to do so
- K15 the religious beliefs of different cultures
- K16 the effects of different cultures and religions on care management
- K17 the principle of confidentiality and what information may be given to whom
- K18 the importance of involving individuals in discussions, and how to do so
- K19 how to negotiate effectively with individuals, families and other professionals
- K20 the principles of evidence-based practice, and how to apply them
- K21 how to make use of clinical supervision and reflective practice

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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