

## SFHRenTP18

# Monitor and assess the kidney function and health of the transplanted patient



---

### Overview

This standard is about monitoring the functioning of the transplanted kidney to establish its stability and management over time.

Users of this standard will need to ensure that practice reflects up to date information and policies.

## SFHRenTP18

### Monitor and assess the kidney function and health of the transplanted patient

---

#### Performance criteria

*You must be able to:*

- P1 seek to work in partnership with the transplanted patient and respect them as an autonomous individual
- P2 encourage the patient to recall and report relevant information (e.g. symptoms and health events, such as diarrhoea)
- P3 encourage and make use of primary healthcare screening for general health (e.g. cervical smears, PSAs, BMIs)
- P4 follow the plan for the care and monitoring of the transplanted patient previously made, making adjustments according to the patient's ongoing condition (e.g. more frequent blood tests if potassium levels are high)
- P5 listen carefully to what the patient has to say about their own home monitoring they have been doing (e.g. daily temperature, weight, fluid intake and output) while the new kidney is still stabilising
- P6 ensure laboratory samples are obtained according to the renal unit protocols (e.g. urine and blood samples), correctly labelled and attached to the correct forms
- P7 make appropriate referrals where the patient's condition falls outside agreed parameters (e.g. excessive weight gain or generalised aches and pains)
- P8 ensure the patient fully understands what to expect as an outcome from the visit to the clinic (e.g. how and when results not immediately available will be communicated to them)
- P9 ensure the patient has written instructions as to which drugs dose they may need to delay on the day of the clinic appointment until after their blood tests (e.g. cyclosporin)

## SFHRenTP18

### Monitor and assess the kidney function and health of the transplanted patient

---

#### Knowledge and understanding

*You need to know and understand:*

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system as a component of the whole body function
- K3 the immune system
- K4 psychological care skills
- K5 current accepted best practice for medication of transplanted patients (e.g. NICE guidelines)
- K6 types and methods of taking different medications
- K7 the effects, side effects and potential interactions of different medications
- K8 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K9 the pressures that transplanted patients may come up against
- K10 the rejection process
- K11 immunosuppression therapy
- K12 venesection
- K13 labelling of samples
- K14 causes, symptoms and associated conditions of renal failure
- K15 measuring physiological parameters (e.g. fluid, electrolytes, blood pressure, diabetic status)
- K16 investigating specific conditions associated with renal dysfunction and co-morbidities
- K17 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K18 the importance of establishing rapport and how to do so
- K19 how to ask open-ended questions, listen carefully and summarise back
- K20 the importance of encouraging individuals to ask questions and how to do so
- K21 the religious beliefs of different cultures
- K22 the effects of different cultures and religions on care management
- K23 the principle of confidentiality and what information may be given to whom
- K24 methods of clear note-taking and recording information
- K25 the importance of involving individuals in discussions, and how to do so
- K26 the principles of evidence-based practice, and how to apply them

## SFHRenTP18

Monitor and assess the kidney function and health of the transplanted patient

---

### Additional Information

#### External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

## SFHRenTP18

Monitor and assess the kidney function and health of the transplanted patient

---

**Developed by** Skills for Health

---

**Version number** 1

---

**Date approved** June 2010

---

**Indicative review date** June 2012

---

**Validity** Current

---

**Status** Original

---

**Originating organisation** Skills for Health

---

**Original URN** RenTP18

---

**Relevant occupations** Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services

---

**Suite** Renal

---

**Key words** kidney, kidneys, diabetes, renal

---