

SFHRenTP20

Diagnose and treat co-morbid disease post-transplant



Overview

This standard is about diagnosing and treating co-morbid disease post-transplant in order to minimise possible complications and promote the best possible health for each patient.

Users of this standard will need to ensure that practice reflects up to date information and policies

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Performance criteria

You must be able to:

- P1 obtain the patient's current medical records and have them available prior to the consultation with the patient
- P2 take a careful history of the patient's current signs and symptoms and arrange for clinical examination (e.g. blood pressure, fundoscopy)
- P3 decide which clinical investigations are appropriate and arrange for these to be carried out (e.g. urine analysis, blood biochemistry, ECG)
- P4 gain the patient's permission to discuss or ask for advice when confronted by problems that are outside your field of competence
- P5 ensure that a final diagnosis is made by someone competent to do so
- P6 create a treatment plan in full consultation with the patient, exploring their preferences, and ensure the treatment plan is compatible with the patient's anti-rejection medication (e.g. hypotensive and cholesterol lowering drugs)
- P7 refer the management of the patient's co-morbid disease on to the appropriate specialist (e.g. cardiologist, dermatologist)
- P8 make accurate records of every action and discussion with or on behalf of the patient

Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 psychological care skills
- K4 co-morbid conditions that frequently occur alongside renal failure (e.g. diabetes, peripheral vascular disease, cardiovascular disease)
- K5 the role of medication and the function of drugs commonly used with transplanted patients
- K6 why transplanted patients may comply with medication and why they may not
- K7 the need for patients to understand the effect of medication
- K8 current accepted best practice for medication of transplanted patients (e.g. NICE guidelines)
- K9 types and methods of taking different medications
- K10 the effects, side effects and potential interactions of different medications
- K11 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K12 the pressures that transplanted patients may come up against
- K13 immunosuppression therapy
- K14 sources of up-to-date evidence on the efficacy of drugs
- K15 methods of administering and self-administering various kinds of medication
- K16 policies on prescribing
- K17 patient group directives
- K18 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K19 the importance of establishing rapport and how to do so
- K20 how to ask questions, listen carefully and summarise back
- K21 the importance of encouraging individuals to ask questions and how to do so
- K22 the religious beliefs of different cultures
- K23 the effects of different cultures and religions on care management
- K24 the principle of confidentiality and what information may be given to whom
- K25 the importance of involving individuals in discussions, and how to do so
- K26 how to negotiate effectively with individuals, families and other professionals
- K27 the principles of evidence-based practice, and how to apply them

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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