

SFHRenTP21

Plan care for a patient with deteriorating renal function post-transplant



Overview

This standard is about planning care for a patient with deteriorating kidney function. It includes supporting the patient in considering their options regarding future management.

Users of this standard will need to ensure that practice reflects up to date information and policies.

SFHRenTP21

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Performance criteria

You must be able to:

- P1 arrange to see the patient in a low clearance clinic in order to reintroduce the multidisciplinary team, assess co-morbidity, anaemia and options
- P2 review blood pressure control and immunosuppression
- P3 share results and information with the patient so that they can see what is happening medically
- P4 assess the impact of what you are telling the patient, taking into account evidence on the patient's health and ability to make decisions and the views of other members of the multidisciplinary team
- P5 introduce at an early stage the possibility of a transplant from a living donor, whether or not that was the mode last time
- P6 give the patient the opportunity to discuss their needs (opportunity to think things through/gain information/decide what they want to do)
- P7 provide information in a way that is structured and is likely to help the patient and their family understand the options and what is involved
- P8 describe the evidence on the effectiveness of each option
- P9 discuss with the patient the practical feasibility of each option they favour based on the evidence derived about them, and identify their preference
- P10 help the patient and family consider the impact of their choice on the patient's and family's lifestyle
- P11 where the patient and family would value talking to other patients (a befriender) or members of the multidisciplinary team, arrange the introduction
- P12 give the patient time to think through their options
- P13 ensure that adequate and functional access for dialysis is arranged in a timely fashion
- P14 make arrangements for appropriate members of the multidisciplinary team to undertake the next stages in providing care for the patient (e.g. referral for anaemia treatment, responding to sense of bereavement over impending loss of the transplanted kidney, specialist psychologist to mobilise and support the patient's coping strategies, preparation for renal replacement therapy)

SFHRenTP21

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 psychological care skills
- K4 renal medicine
- K5 venesection
- K6 labelling of samples
- K7 renal biopsy procedure
- K8 venous access techniques
- K9 fistula formation
- K10 current accepted best practice for care of transplanted patients (e.g. NICE guidelines)
- K11 the effects, side effects and potential interactions of different medications
- K12 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K13 the pressures that transplanted patients may come up against
- K14 the rejection process
- K15 immunosuppression therapy
- K16 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K17 the importance of establishing rapport and how to do so
- K18 how to ask questions, listen carefully and summarise back
- K19 the importance of encouraging individuals to ask questions and how to do so
- K20 the religious beliefs of different cultures
- K21 the effects of different cultures and religions on care management
- K22 the principle of confidentiality and what information may be given to whom
- K23 the importance of involving individuals in discussions, and how to do so
- K24 how to negotiate effectively with individuals, families and other professionals
- K25 the principles of evidence-based practice, and how to apply them

SFHRenTP21

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

SFHRenTP21

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