

SFHRenTP3

Review and adapt the patient's medication and treatments



Overview

This standard is about reviewing and adapting the transplanted patient's medication and treatment in the light of information about their condition and situation.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 collect information from other members of the multidisciplinary team who see the patient (doctors, nurses, microbiologists, dieticians) about the patient's renal, medical and social condition (e.g. blood results, weight, mood)
- P2 recognise when the monitored results fall outside the acceptable parameters
- P3 identify drug(s) required for co-morbidities or infections
- P4 identify the risk to the kidney and to the individual's overall health, weighing the pros and cons of any proposed change in treatment (e.g. balance of treatment levels and side effects of immunosuppression)
- P5 tailor the dosage based on characteristics of the individual patient (eg using computer software package)
- P6 recognise when a patient might not be taking the medication they are supposed to be taking (not attending appointments, unexpected drop in calcium levels, putting fluid weight on, BP control becoming unstable)
- P7 describe the information you have to the patient, and sensitively probe to establish whether they have taken all their prescribed medication
- P8 discuss the consequences for them of not taking their prescribed medication
- P9 gain agreement on the importance of adherence to the treatment plan and offer the services of a dedicated psychology link nurse to achieve this
- P10 agree modifications to the treatment plan and agree a date for further review of the patient's medication and treatment
- P11 ensure the patient has the contact details of one multidisciplinary team member coordinating their care
- P12 make an accurate record of the current treatment plan and ensure a copy is sent to the patient's Primary Care Team

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 the immune system
- K4 psychological care skills
- K5 current accepted best practice for medication of transplanted patients (e.g. NICE guidelines)
- K6 types and methods of taking different medications
- K7 the effects, side effects and potential interactions of different medications
- K8 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K9 the pressures that the transplanted patients may come up against
- K10 the rejection process
- K11 immunosuppression therapy
- K12 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K13 the importance of establishing rapport and how to do so
- K14 how to ask open-ended questions, listen carefully and summarise back
- K15 the importance of encouraging individuals to ask questions and how to do so
- K16 the religious beliefs of different cultures
- K17 the effects of different cultures and religions on care management
- K18 the principle of confidentiality and what information may be given to whom
- K19 information technology
- K20 the importance of involving individuals in discussions, and how to do so
- K21 how to negotiate effectively with individuals, families and other professionals
- K22 the principles of evidence-based practice, and how to apply them

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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Developed by	Skills for Health
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Version number	1
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Date approved	June 2010
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Indicative review date	June 2012
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Validity	Current
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Status	Original
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Originating organisation	Skills for Health
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Original URN	RenTP3
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Relevant occupations	Health, Public Services and Care; Health Professionals; Healthcare and Related Personal Services
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Suite	Renal
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Key words	kidney, kidneys, diabetes, renal
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