

SFHRenTP4

Assess and plan care for a patient with potentially reversible renal rejection



Overview

This standard is about assessing and planning the care of a patient with potentially reversible renal rejection. This may happen immediately post transplant or later during the recipient's recovery after they have left hospital.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 arrange admission of the patient to hospital with specialist renal care facilities
- P2 arrange a programme of assessment and resources in line with an initial assessment of urgency
- P3 listen carefully to the patient's symptoms (e.g. flu-like symptoms, pain over the transplanted kidney, oliguria)
- P4 arrange for the appropriate clinical examination to be performed (e.g. blood pressure, palpation of the transplanted kidney)
- P5 arrange investigations to confirm diagnosis and establish its severity (e.g. blood tests, renal biopsy)
- P6 treat according to the local protocol
- P7 monitor the condition of the patient and the function of their kidney (e.g. urine output, changes in blood test results)
- P8 make ongoing adjustments to the patient's treatment plan according to their progress (e.g. steroid dosage)
- P9 ensure that appropriate personnel are available to listen to and support the patient in managing any concerns they may have (e.g. recipient nurse specialist, renal clinical psychologist, an expert patient)
- P10 liaise with members of the multidisciplinary team who will be involved in the care of the patient (e.g. ward or unit sister, renal pharmacist)

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 the immune system
- K4 psychological care skills
- K5 current accepted best practice for the care of transplanted patients (eg NICE guidelines)
- K6 venepuncture
- K7 ultrasonography
- K8 renal biopsy technique according to current guidelines
- K9 types and methods of taking different medications
- K10 the effects, side effects and potential interactions of different medications
- K11 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K12 the pressures that transplanted patients may come up against
- K13 the rejection process, its assessment and treatment
- K14 immunosuppression therapy
- K15 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K16 the importance of establishing rapport and how to do so
- K17 how to ask questions, listen carefully and summarise back
- K18 the importance of encouraging individuals to ask questions and how to do so
- K19 the religious beliefs of different cultures
- K20 the effects of different cultures and religions on care management
- K21 the principle of confidentiality and what information may be given to whom
- K22 information technology
- K23 the importance of involving individuals in discussions, and how to do so
- K24 how to negotiate effectively with individuals, families and other professionals
- K25 the principles of evidence-based practice, and how to apply them

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB6 Assessment and treatment planning

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