

# SFHRenTP6

## Dispense medication after transplantation



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### Overview

This standard is about the dispensing of medication by a pharmacist post-transplant and the pharmacist's role in educating patients about safe and effective administration of their medication.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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### Performance criteria

*You must be able to:*

- P1 the transplant operation
- P2 find out what the patient already understands and remembers
- P3 be sensitive to the amount and level of information the patient can take in at this time, and plan a staged introduction to their drug regimen (e.g. three days' supply only in the first instance)
- P4 explain in clear and simple terms what the drugs are for and when the patient needs to take them
- P5 ensure the drugs are dispensed with written instructions on what they are for, how and when to take them, the date dispensed and the expiry date
- P6 explain the importance of remembering to take every dose prescribed
- P7 inform the patient of side effects or symptoms the drugs may produce and how common or rare these are
- P8 offer aids to help the patient to remember to take every dose prescribed (e.g. medidose boxes)
- P9 ensure that the carers of the patient also have the information
- P10 revisit the patient to review the management of the regimen

### Knowledge and understanding

*You need to know and understand:*

- K1 anatomy and physiology of the human body
- K2 in anatomy and physiology of the renal system
- K3 the immune system
- K4 psychological care skills
- K5 current accepted best practice for medication of transplanted patients (e.g. NICE guidelines)
- K6 the importance of completing prescription dosage charts accurately
- K7 types and methods of taking different medications
- K8 the effects, side effects and potential interactions of different medications
- K9 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K10 the pressures that transplanted patients may come up against
- K11 the rejection process
- K12 immunosuppression therapy
- K13 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K14 the importance of establishing rapport and how to do so
- K15 how to ask questions, listen carefully and summarise back
- K16 the importance of encouraging individuals to ask questions and how to do so
- K17 the religious beliefs of different cultures
- K18 the effects of different cultures and religions on care management
- K19 the principle of confidentiality and what information may be given to whom
- K20 knowledge of IT
- K21 the importance of involving individuals in discussions, and how to do so
- K22 how to negotiate effectively with individuals, families and other professionals

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#### Additional Information

##### External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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<b>Developed by</b>	Skills for Health
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<b>Originating organisation</b>	Skills for Health
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<b>Relevant occupations</b>	Health, Public Services and Care; Medicine and Dentistry; Health Professionals; Healthcare and Related Personal Services
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<b>Suite</b>	Renal
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<b>Key words</b>	kidney, kidneys, diabetes, renal
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