

SFHRenTP9

Enable the patient and families to understand the post-transplant condition, its impact and its treatment



Overview

This standard is about informing and educating recipients and their families about living life after receiving a kidney transplant and what it means for their lives both together as a family and separately as individuals.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

You must be able to:

- P1 show that you understand the patient's desire to be managed as a whole person and respect them as an expert in their condition
- P2 find out what patients and their families already know and understand
- P3 enable patients and their families to learn the facts in a way that is meaningful for them (e.g. talks, videos, meeting a family who have come through the experience, leaflets, the internet)
- P4 invite open discussion of the benefits and challenges of living with a person who has a transplanted kidney (e.g. taking medication for the rest of their life, greater dietary freedom and the need to eat healthily, the possibilities of travelling, resuming social and leisure activities, understanding of family members' feelings, how they communicate and relate to each other)
- P5 make available the contact details of a member of the multidisciplinary team when any member of the family has concerns about living with a person who has a transplanted kidney
- P6 identify and encourage the patient and family to maintain links with primary care and other services (e.g. diabetes, dermatology, social services, back to work)

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Knowledge and understanding

You need to know and understand:

- K1 anatomy and physiology of the human body
- K2 anatomy and physiology of the renal system
- K3 the immune system
- K4 psychological care skills
- K5 the range of services provided by the Primary Care Team, renal health services and other professionals, and how to access these services (e.g. diabetes, dermatology, social services, back to work)
- K6 current accepted best practice for care and medication of transplanted patients (e.g. NICE guidelines)
- K7 types and methods of taking different medications
- K8 the effects, side effects and potential interactions of different medications
- K9 the effects, side effects and potential interactions of immunosuppressive therapy on other health conditions, and the effect of other health conditions on immunosuppressive therapy
- K10 the pressures that transplanted patients may come up against
- K11 the rejection process
- K12 immunosuppression therapy
- K13 how to adapt communication styles in ways which are appropriate to different people (e.g. culture, language or special needs)
- K14 the importance of establishing rapport and how to do so
- K15 how to ask questions, listen carefully and summarise back
- K16 the importance of encouraging individuals to ask questions and how to do so
- K17 the religious beliefs of different cultures
- K18 the effects of different cultures and religions on care management
- K19 the principle of confidentiality and what information may be given to whom
- K20 information technology
- K21 the importance of involving individuals in discussions, and how to do so
- K22 how to negotiate effectively with individuals, families and other professionals
- K23 the principles of evidence-based practice, and how to apply them

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Additional Information

External links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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| Developed by | Skills for Health |
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| Version number | 1 |
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| Date approved | June 2010 |
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| Indicative review date | June 2012 |
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| Validity | Current |
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| Status | Original |
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| Originating organisation | Skills for Health |
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| Original URN | RenTP9 |
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| Relevant occupations | Health, Public Services and Care; Medicine and Dentistry; Health Professionals; Healthcare and Related Personal Services |
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| Suite | Renal |
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| Key words | kidney, kidneys, diabetes, renal |
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