

SFHS5

Implement interventions for individuals who have had a stroke or Transient Ischaemic Attack (TIA)



Overview

This standard is about working in partnership with individuals following a stroke and/or Transient Ischaemic Attack (TIA) to implement interventions in the context of their individualised management plans. It covers confirming the nature, purpose and goals of the interventions, implementing the interventions and monitoring the outcomes. This standard is relevant to practitioners who are stroke specialists working in a variety of settings.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

- You must be able to:*
- P1 explain clearly your role and its scope, your responsibilities and accountability
 - P2 communicate with individuals and their carer(s) in an appropriate manner, and encourage them to ask questions and express any concerns about the interventions
 - P3 seek the consent of the individual for the actions to be undertaken on his/her behalf, and agree the information which may be passed to others
 - P4 explore the needs and expectations of the individual and their carer(s)
 - P5 identify current or previous interventions that the individual may have experienced and the immediate requirements of his/her management plan
 - P6 provide the individual and their carer(s) with any available evidence based information about the effectiveness, benefits, and risks of the interventions
 - P7 make arrangements for the intervention that are consistent with the individual's priority and his/her specific requirements
 - P8 ensure the environment used for the intervention is suitable, and that the privacy and dignity of the individual and their carer(s) is protected
 - P9 implement the intervention in a safe and effective manner, using evidence based practices and processes
 - P10 implement the intervention in a manner that is consistent with the individual's needs and specific requirements, and encourages their effective participation
 - P11 minimise any discomfort to the individual within the constraints imposed by the intervention method
 - P12 encourage carer(s) to give appropriate support to the individual
 - P13 monitor the effects of the intervention on the individual throughout the process, and identify any indications associated with increased risk of stroke and TIA
 - P14 take appropriate action where the effects of the intervention are not as beneficial as expected
 - P15 work in partnership with the individual and their carer(s) to assess the outcomes in relation to the goals agreed at the outset of the intervention
 - P16 produce records and reports that are clear, comprehensive and accurate, and maintain the security and confidentiality of information

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Knowledge and understanding

You need to know and understand:

- K1 the main issues, debates, and policies relating to the management and rehabilitation of stroke and TIA
- K2 anatomy and physiology of the human body and changes following a stroke and TIA
- K3 the nature of stroke and TIA, and the different stages of these conditions, including terminal stages
- K4 the short, medium and long term effects of stroke on the individual's physical, psychological, cognitive and biological states and functions
- K5 how factors in people's lifestyles (e.g. physical activity, smoking, diet, stress, drug and alcohol misuse) can affect their risk of stroke and TIA
- K6 the conditions that predispose to stroke and TIA
- K7 high risk groups including those with previous stroke or TIA, those with other conditions such as hypertension, atrial fibrillation, hyperlipidaemia, and those with genetic predisposition
- K8 how to interpret indicators of risk of stroke and TIA
- K9 the symptoms associated with stroke and TIA and the actions you should take in response to these
- K10 conditions which may be present with similar symptoms to TIA or stroke
- K11 how individuals' current medication may affect their symptoms
- K12 the aspects of individuals' and their families' past medical history which may be relevant to the management of stroke and TIA
- K13 a range of rehabilitation approaches and the evidence base for them
- K14 evidence based practice, and its role in improving services and individual care
- K15 the drugs and interventions which are used to manage stroke and TIA according to your role
- K16 the effects, side-effects and potential interactions of stroke/TIA medications on other health conditions, and the affect of other health conditions on stroke/TIA medications according to your role
- K17 the particular risks which specific interventions may have and how these risks are managed
- K18 the previous and present interventions that the individual may have experienced
- K19 the purpose of agreeing goals for the intervention at the start
- K20 how to prepare equipment, materials, work area, and yourself for the interventions
- K21 how each of the interventions may be modified, consistent with evidenced based practice, in order to achieve a successful outcome
- K22 the roles which individuals and their carer(s) involved need to take if the intervention is to be successful, and how to explain and agree these with

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- them
- K23 how to monitor the effect of different interventions on the individual and evaluate their efficacy
- K24 the range of motivations individuals may have for changing their lifestyle, and how to discover their motivations
- K25 the difficulties individuals may have in maintaining lifestyle changes and how to work with them to identify and overcome these
- K26 the stages in behavioural change and how to support individuals through these stages
- K27 how to enable individuals to develop realistic and achievable plans to change their behaviour
- K28 the importance of monitoring and reviewing progress towards behavioural change, and how to do so
- K29 the legislation which relates to your work including: health and safety, confidentiality and information sharing, the provision of services, individuals' rights, equality and diversity, consent and unified assessment
- K30 the professional standards and codes of practice for your area of work and how to interpret and apply these
- K31 the nature, aims, objectives, values, policies and systems of the organisation in which you work
- K32 the nature, extent and boundaries of your work role as well as the roles of other relevant practitioners
- K33 the ethics and practices concerning consent and confidentiality, and the tensions which may exist between an individual's rights and the organisation's responsibility to individuals and the individuals ability to give consent
- K34 how to complete and structure records and reports so that they contain all of the essential information and are suitable for others to use
- K35 how to communicate with a range of individuals who may have limited and different abilities to communicate
- K36 the ways in which communication can be modified and altered for different needs and contexts
- K37 how to ask questions, listen carefully and summarise back
- K38 how to present information and advice in ways which are appropriate for different people

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Additional Information

External links

This standard has indicative links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

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