

Participate in adventurous activities

Overview

This standard is for individuals working in public service. It is designed to ensure that the people participating in adventurous activities work safely and constructively to achieve the desired outcomes. It is also designed to ensure that people carry out these activities in line with the relevant guidance and codes of practice.

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Performance criteria

You must be able to:

1. follow organisational procedures at all times
2. maintain your own personal safety and the safety of others at all times
3. prepare clothing and equipment correctly for adventurous activities
4. use equipment in line with instruction received
5. collaborate with team members to achieve objectives
6. participate in tasked adventurous activities constructively
7. achieve your personal objectives in the task

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Knowledge and understanding

You need to know and understand:

1. organisational procedures for participating in adventurous activities
2. your personal goals and objectives
3. team objectives and your role in the team
4. the range of adventurous activities and the safety requirements, equipment and codes of practice relevant to them
5. the instructions for the preparation and use of equipment

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Scope/range related to performance criteria	Different conditions which affect how you apply your knowledge, and in which you must demonstrate competence are: 1 Participating: 1.1 individually 1.2 collectively
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