SFJCCGC5
Develop control for people who are a risk to themselves or others

Overview

This unit is about working effectively with people who have behavioural problems that may arise from mental illness. Behaviours may be emotional or racially, physically or sexually abusive. They may in other ways be inappropriate including criminal.

There are three elements

1   Challenge behaviour which creates risk and establish agreed boundaries and expectations
2   Maintain and review agreed boundaries and expectations of behaviour
3   Assist people to develop greater control over their behaviour

Target Group

This unit applies to experienced operational staff who work closely with individuals in custody who have significant behavioural problems.

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Performance criteria

Challenge behaviour which creates risk and establish agreed boundaries and expectations

You must be able to:

P1   explore and assess aspects of behaviour that create risk to the individual or others

P2   take full account of cultural, religious or other factors that may influence the individual's behaviour

P3   correctly identify boundaries and expectations that will minimise unwanted behaviour and encourage positive behaviour

P4   identify boundaries and expectations of behaviour that are realistic and contribute to safeguarding the individual and others

P5   fully discuss boundaries and expectations and their significance with the individual, and encourage their support and agreement

Maintain and review agreed boundaries and expectations of behaviour

You must be able to:

P6   identify examples of positive aspects of behaviour that correspond to agreed expectations as they occur, and explain these in a manner which the individual is likely to understand

P7   provide positive reinforcement in such a way as to encourage the repetition of positive behaviour

P8   correctly identify behaviour that exceeds agreed boundaries and take constructive action to minimise it

P9   request an appropriate level of support when maintaining boundaries becomes difficult

P10   make interventions that are consistent with the assessment of individual needs and risks involved, in line with agreed procedures and policies

P11   take prompt action when necessary to protect yourself and others, and you summon further assistance as soon as practicable

P12   take constructive action to defuse behaviour that threatens others

P13   record accurately incidents of behaviour exceeding agreed boundaries

Assist people to develop greater control over their behaviour

You must be able to:

P14   develop possible explanations about the individual's behaviour and the risk which this causes and test these against research, theory and practice

P15   encourage the individual to accept responsibility for their behaviour, to acknowledge the impact it has on others and to face up to the consequences

P16   assist the individual to explore and adopt positive alternatives

P17   encourage the individual to identify factors contributing to their behaviour patterns

P18 take active steps to review these factors and identify appropriate sources of support

P19 accurately assess the needs of victims of difficult, dangerous or criminal behaviour and make realistic plans as to how they will be met

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Knowledge and understanding

You need to know and understand:

K1   research on methods of working with people whose behaviour creates difficulties, and the outcomes

K2   theories on the causes and origins of violence and aggression

K3   approaches to engaging reluctant, aggressive and withdrawn individuals

K4   the impact of adverse behaviour on self and others

K5   methods of challenging behaviour that creates risk, and research on their outcomes

K6   techniques and resources to promote learning and alternative behaviour, monitoring change and the participation of individuals and carers in planning and evaluation

K7   theories of behaviour and learning

K8   group processes and peer support and development

K9   statistics on the incidence of violence, aggression, depression and social isolation among different client groups

K10 maintaining and reviewing boundaries and expectations of behaviours

K11 methods of planning and providing feedback

K12 negotiation methods and skills

K13 identification of conflict and skills in conciliation

K14 the rights and responsibilities of individuals

K15 methods of setting up boundaries and exercising control, and their effectiveness with different client groups

K16 reporting and recording systems for organisations, courts and allied organisations

K17 support needs of workers

K18 the range of support and advocacy services available to individuals whose behaviour causes concern

K19 the impact of individual and structural discrimination on identity, and approaches to increase options and promote positive identity

K20 research and outcomes of intervention and support aimed to reduce risk, and the need to enhance coping skills in different contexts

K21 explanations of non-conforming behaviour and research into different forms of intervention or non-intervention, relating to

    K21.1   criminal behaviour and re-offending

    K21.2   sexual, physical and racial abuse

    K21.3   self-harm and suicide

    K21.4   anti-social behaviour

    K21.5   mental health

K22 how different factors contribute to behaviour, including

    K22.1   past history

    K22.2   stress factors

    K22.3   lack of understanding of information

K22.4 dysfunctional coping mechanisms*f*

K22.5 prejudice and stereotyping

K23 current policies on types of behaviour and groups that present a social risk

K24 group work, peer learning and self-help

K25 the rights and responsibilities of individuals and groups

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