
Overview

This standard is about assessing the need to use physical control and restraint.

It also covers using restraint techniques correctly and safely

There are two elements

- 1 Assess the need for control and restraint
- 2 Restrain and remove individuals

**Performance
criteria**
Assess the need for control and restraint**You must be able to:**

- P1 explain to individuals the likely consequences if they continue to act in an unacceptable way in accordance with your organisation's procedures
- P2 give individuals sufficient opportunity to stop acting in an unacceptable way within organisational timescales
- P3 review individuals' behaviour in accordance with your organisation's procedures
- P4 assess risks of harm individuals pose to themselves in accordance with your organisation's procedures, and risks of harm to:
 - P4.1 other people
 - P4.2 property
- P5 advise relevant people of escalating risk situations in accordance with your organisation's procedures
- P6 seek support when implementing actions where required in accordance with your organisation's procedures
- P7 obtain authorisation for actions in accordance with your organisation's procedures
- P8 select actions in accordance with your organisation's procedures, based on:
 - P8.1 your assessment of risks
 - P8.2 the context of available support
- P9 apply control and restraint techniques in accordance with your organisation's procedures
- P10 use control and restraint equipment in accordance with your organisation's procedures
- P11 complete required records in accordance with your organisation's procedures
- P12 justify procedures used in a situation in accordance with your organisation's procedures

Restrain and remove individuals

- You must be able to:
- P13 communicate with relevant people regarding situations in accordance with your organisation's procedures
 - P14 communicate with individuals being restrained in accordance with your organisation's procedures and timescales
 - P15 select restraint techniques in accordance with your organisation's procedures, taking into account:
 - P15.1 the needs of the situation
 - P15.2 level of risk
 - P15.3 resources available
 - P15.4 health and safety of the individuals involved
 - P16 use reasonable force to restrain individuals as defined within your organisation's procedures
 - P17 minimise risk of injury to individuals and others present in accordance with your organisation's procedures
 - P18 use associated personal protection equipment and other aids in accordance with your organisation's procedures
 - P19 monitor restraint processes to avoid causing danger to individuals and the control team in accordance with your organisation's procedures
 - P20 move individuals to appropriate places in accordance with your organisation's procedures
 - P21 share information with relevant people throughout control and restraint processes

Knowledge and understanding

You need to know and understand:

- K1 organisational procedures that cover the use of physical restraints and the legal basis for these
- K2 organisational procedures for monitoring individuals following use of controls and restraints
- K3 communication and reporting procedures to follow prior to and after use of physical restraints
- K4 the importance of warning individuals that physical restraints may be used
- K5 how to assess situations and decide when physical restraints are the only course of action available
- K6 the range of restraint techniques you are allowed to use and how to choose a technique that is appropriate to individual situations
- K7 how to use restraint techniques and personal protection equipment
- K8 the importance of using reasonable force to restrain individuals
- K9 how to identify when physical restraints are causing unacceptable levels of danger to individuals and what to do in these situations
- K10 how to identify appropriate places to hold restrained individuals
- K11 personal legal responsibilities and duty of care regarding use of physical restraints
- K12 information that medical services may need and why it is important to summon them
- K13 how to de-escalate situations to avoid the use of control and restraint
- K14 records that need to be completed and the importance of doing them

Additional Information

Glossary

Relevant people refers to individuals, others relevant or significant to individuals, staff in your own agency or staff from other agencies.

Organisational procedures can include prison service instructions, prison policies, legislative policies and any other policies and procedures used across custodial care in the UK.

SFJFF3

Control and restrain individuals

Developed by	Skills for Justice
---------------------	--------------------

Version number	3
-----------------------	---

Date approved	October 2013
----------------------	--------------

Indicative review date	October 2018
-------------------------------	--------------

Validity	Current
-----------------	---------

Status	Original
---------------	----------

Originating organisation	Skills for Justice
---------------------------------	--------------------

Original URN	SFJ FF3
---------------------	---------

Relevant occupations	detention officer; prison officer; prison staff; custody officer; home office staff; community support groups; volunteers; healthcare officer; education staff; prison manager; governor; instructional officer
-----------------------------	---

Suite	Custodial Care
--------------	----------------

Key words	Restraint; C&R; Incident; emergency; initial response; communication; roles; procedures; judgement; situations; reasonable force; hand-over; report; remove; physical restraints; verbal warning
------------------	--