

## Screen individuals' health and well-being on reception into a custodial setting

### Overview

This standard is about undertaking an initial screening of individuals' health and well-being and identifying their immediate needs for intervention, care and treatment as part of the reception process when individuals arrive in a new custodial setting. The standard covers obtaining information on individuals' health and well-being as medical records may be difficult to access. Individuals may have medical records with them if they have come from another custodial establishment. The screening aims to identify the individual's overall state of health and well-being (including health history, chronic and acute conditions, immunisation status, substance use, the risk of suicide and self-harm, and other factors that relate to their stay in custody). This standard is focused on the initial screening on reception when activities may be constrained by lack of time. This standard applies to those members of the healthcare team who undertake initial screening of individuals' health and well-being when they are received into the custodial setting.

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### Performance criteria

You must be able to:

1. identify signs and symptoms of immediate risks of danger, harm and abuse
2. act in ways which are consistent with statutory and organisational requirements and which minimise risks to the health, safety and security of:
  - 2.1 the individual
  - 2.2 yourself
  - 2.3 others
3. communicate in ways that can be understood by the individual, responding to their different needs, abilities and preferences
4. explain clearly to the individual the role and responsibility of the healthcare team
5. explain clearly to the individual:
  - 5.1 the information which will be entered in their records
  - 5.2 how the records will be stored and who will have the right of access to them
6. respect the individual's privacy, dignity, culture and beliefs and minimise any discomfort throughout the process
7. encourage the individual to explore and discuss:
  - 7.1 their current state of health and well-being
  - 7.2 past medical history
  - 7.3 current and previous medication and treatment
  - 7.4 current and previous use of substances
  - 7.5 factors that affect their health and well-being
8. validate the information obtained from the individual against that from other available sources
9. offer the individual clear information on:
  - 8.1 their rights within the custodial and healthcare setting
  - 8.2 how being held in custody might affect their health and well-being
  - 8.3 how they can promote their health and well-being while in custody
  - 8.4 the health and other services available to them
10. observe the individual's behaviour and verbal and non-verbal communication for any further insights it may offer, particularly in relation to their mental health and well-being
11. use appropriate health screening tools correctly according to your level of training, knowledge and competence
12. encourage the individual to participate effectively
13. where required, take accurate physiological measurements and make any observations and interpretations about the individual according to your level of training, knowledge and competence
14. ascertain information about the individual's health and well-being:
  - 14.1 given the information available

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- 14.2 in line with current legislation and good practice guidelines
- 14.3 in line with anti-discriminatory practice
- 15. assess the risk which being admitted to custody poses to the individual and others in the setting
- 16. seek immediate assistance when there are serious concerns about an individual's condition
- 17. seek immediate support and assistance in situations that are beyond your own knowledge and competence
- 18. take immediate action to promote the individual's health and well-being when it is at risk
- 19. summarise all the information obtained, record it accurately, promptly and concisely and structure it in line with organisational requirements
- 20. maintain the confidentiality of personal information in line with legal and organisational requirements

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### Knowledge and understanding

You need to know and understand:

1. current, relevant legislation, policies, procedures, codes of practice and practice advice for screening individuals' health and well-being on reception into a custodial setting
2. current, relevant legislation and organisational requirements in relation to race, diversity and human rights
3. current, relevant legislation and organisational requirements in relation to health and safety
4. the different signs and symptoms of immediate risks of danger, harm and abuse, and how to recognise these
5. guidelines and tools for the identification, assessment, stratification and management of risk
6. the ways in which danger, harm and abuse in the short, medium and long term can affect the health and well-being of individuals
7. possible risks to the health, safety and security of individuals yourself and others
8. methods used to minimise risks to the health, safety and security of individuals, yourself and others
9. the ways in which people communicate by their behaviour, and how different forms of behaviour can be interpreted
10. roles and responsibilities of the healthcare team
11. the importance of respecting individuals' privacy, dignity, culture and beliefs
12. how to encourage individuals to provide information about their health and well-being and participate effectively in the screening process
13. the importance of validating the information obtained from individuals against that from other available sources, and how to do so
14. individuals' rights within the custodial and healthcare setting
15. the effects of being held in custody on individuals' health and well-being
16. how to promote individuals' health and well-being while in custody
17. health and other services available to individuals while in custody
18. how to communicate clearly, concisely, and accurately
19. common mental health problems that might be encountered in the custodial setting, and how these problems can affect individuals' behaviour, communication and understanding of what is happening
20. the importance of working within your scope of competence and when to refer on to an appropriate person
21. different health screening tools, how to use them correctly and which ones to use according to your level of training, knowledge and competence
22. how to recognise individuals' mental health and well-being to a sufficient

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- level of detail to recognise when there are problems and seek assistance
- 23. how to recognise individuals' physical health and well-being to a sufficient level of detail to recognise when there are problems and seek assistance
- 24. the nature and impact of lifestyle, biological and environmental factors on individuals' health and well-being
- 25. the purpose and methods of taking accurate physiological measurements of individuals and how to interpret these appropriately
- 26. how to bring together and interpret the information obtained on an individual and decide the subsequent action which may be necessary given their health and well-being, their health needs and the risks identified
- 27. the effect of the custodial environment on individuals' mental health and the particular effect it might have on existing mental health problems
- 28. the occasions when it will be necessary to call for immediate support, medical, security or management
- 29. how to structure assessment records in line with organisational requirements
- 30. who has the right to access information held on medical records
- 31. the importance of maintaining the confidentiality of personal information
- 32. how to determine the quality and extent of information one needs to provide to others
- 33. the types of documentation which must be completed and how to complete it correctly

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