
Overview

This standard is designed to provide support to people who are a risk to themselves and others, as a result of complex individual needs. This can manifest itself in self-harm, suicide or violent behaviour towards others.

There are three elements

- 1 Challenge and resolve behaviour
- 2 Maintain and review agreed boundaries and expectations of behaviour
- 3 Assist people to develop greater control over their behaviour

**Performance
criteria**
Challenge and resolve behaviour

- You must be able to:**
- P1 assess aspects of behaviours that create risks to individuals in accordance with your organisation's procedures
 - P2 take account of factors that influence individuals' behaviour in accordance with your organisation's procedures, including:
 - P2.1 cultural factors
 - P2.2 religious factors
 - P3 select boundaries and expectations that will minimise unwanted behaviour in accordance with your organisation's procedures
 - P4 identify boundaries and expectations of behaviour that contribute to safeguarding relevant people in accordance with your organisation's procedures
 - P5 discuss boundaries and expectations and their significance with the individuals in accordance with your organisation's procedures, and:
 - P5.1 gain their agreement

Maintain and review agreed boundaries and expectations of behaviour

- You must be able to:**
- P6 discuss positive aspects of behaviour that correspond to agreed expectations as they occur with individuals in accordance with your organisation's procedures
 - P7 provide positive reinforcement to develop repetition of positive behaviours in accordance with your organisation's procedures
 - P8 review behaviours that exceed boundaries in accordance with your organisation's procedures and:
 - P8.1 take actions to minimise these
 - P9 request support when maintaining boundaries becomes difficult in accordance with your organisation's procedures
 - P10 use interventions that are consistent with assessment of individuals' needs and risks in accordance with your organisation's procedures

Support individuals who are a risk to themselves and others

- P11 take actions, when required, to protect yourself and others within organisational procedures
- P12 take actions to defuse behaviour that threatens others in accordance with your organisation's procedures
- P13 complete required records in accordance with your organisation's procedures

Assist people to develop greater control over their behaviour

You must be able to:

- P14 review possible explanations for individuals' behaviour using research, theories and practices in place in accordance with your organisation's procedures
- P15 support individuals to accept responsibility for their behaviour in accordance with your organisation's procedures, including:
 - P15.1 the impact it has on others
 - P15.2 the consequences
- P16 assist individuals to explore and adopt positive behavioural alternatives in accordance with your organisation's procedures
- P17 support individuals to identify factors contributing to their behaviour patterns in accordance with your organisation's procedures and:
 - P17.1 review these factors
- P18 locate sources of support for individuals in accordance with your organisation's procedures
- P19 assess needs of victims of criminal behaviour in accordance with your organisation's procedures
- P20 make plans to meet the needs of victims of criminal behaviour in accordance with your organisation's procedures

Knowledge and understanding
You need to know and understand:

- K1 available research on methods of working with people whose behaviour creates difficulties
- K2 theories on causes and origins of violence and aggression
- K3 approaches to engaging reluctant, aggressive and withdrawn individuals
- K4 impacts of adverse behaviours on self and others
- K5 methods of challenging behaviours
- K6 techniques and resources to promote learning and alternative behaviour
- K7 how to monitor change in individuals
- K8 how to review the participation of people in planning and evaluation of behavioural support
- K9 theories of behaviour and learning
- K10 group processes and peer support
- K11 statistics on the incidence of violence, aggression, depression and social isolation among different client groups
- K12 types of boundaries and expectations of behaviours
- K13 methods of planning and providing feedback
- K14 negotiation methods
- K15 conflict resolution methods
- K16 the rights and responsibilities of individuals
- K17 methods of setting up boundaries and exercising control
- K18 the different boundaries of individuals
- K19 reporting and recording systems for all organisations
- K20 support needs of workers
- K21 the range of support and advocacy services available to individuals whose behaviour causes concern
- K22 impacts of individual and structural discrimination on identity
- K23 approaches to increase options and promote positive identity
- K24 research and outcomes of intervention and support aimed to reduce risk
- K25 the need to enhance coping skills in different contexts

- K26 explanations of non conforming behaviour and research into different forms of intervention or non-intervention, relating to:
 - K26.1 criminal behaviour and re-offending
 - K26.2 sexual, physical and racial abuse
 - K26.3 self-harm and suicide
 - K26.4 anti-social behaviour
 - K26.5 mental health
- K27 how different factors contribute to behaviour, including:
 - K27.1 past history
 - K27.2 stress factors
 - K27.3 lack of understanding of information
 - K27.4 dysfunctional coping mechanisms
 - K27.5 prejudice and stereotyping
- K28 current policies on types of behaviour and groups that present a social risk

Additional Information

Glossary

Relevant people can refer to individuals, others relevant or significant to individuals, staff in your own agency including investigating teams or staff from other agencies.

Organisational procedures can include prison service instructions, prison policies, legislative policies and any other policies and procedures used across custodial care in the UK.

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