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**Overview**

This standard is about working with others including line managers and specialists within and outside organisations to support individuals within custodial environments to look after their health and hygiene.

This includes supporting individuals to participate in healthy activities, to avoid activities which may be detrimental to their health and to maintain their health and personal cleanliness.

Advice may include immunisation and vaccination, the use of protective clothing and adopting safe practices.

**There are two elements**

- 1 Support individuals to maintain healthy and hygienic practices
- 2 Assist individuals to maintain their health and personal cleanliness

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**Performance  
criteria**
**Support individuals to maintain healthy and hygienic practices****You must be able to:**

- P1 provide individuals with access to suitable facilities to maintain their health and hygiene in accordance with your organisation's procedures
- P2 assess individuals' needs for information about health and hygiene in accordance with your organisation's procedures
- P3 make information available to individuals in accordance with your organisation's procedures
- P4 check individuals are aware of consequences of failures to maintain healthy and hygienic practices in accordance with your organisation's procedures
- P5 monitor individuals to ensure that they are maintaining healthy and hygienic practices within organisational timescales
- P6 refer individuals who consistently fail to maintain healthy and hygienic practices to relevant people in accordance with your organisation's procedures , including:
  - P6.1 individuals who require assistance beyond your competence

**Assist individuals to maintain their health and personal cleanliness****You must be able to:**

- P7 agree with individuals the types of assistance needed to maintain their health and hygiene in accordance with your organisation's procedures
- P8 support individuals to choose health and hygiene facilities in accordance with your organisation's procedures
- P9 check individuals' health and hygiene facility choices are consistent with individuals' custodial conditions and available resources in accordance with your organisation's procedures
- P10 protect your own health and hygiene in accordance with your organisation's procedures
- P11 provide individuals with levels of privacy consistent with levels of risk involved in accordance with your organisation's procedures
- P12 complete required reports regarding individuals' health and hygiene practices in accordance with your organisation's procedures

**Knowledge and  
understanding**

**You need to know and  
understand:**

- K1 good practice in personal health and hygiene
- K2 facilities available for personal health and hygiene
- K3 how to identify information individuals need and how to provide this
- K4 consequences of failure to maintain healthy and hygienic practices
- K5 methods of monitoring personal health and hygiene and how to do this
- K6 steps to take when individuals fail to maintain healthy and hygienic practices
- K7 steps to take when individuals require assistance which is beyond your competence
- K8 types of assistance individuals may need to maintain their personal cleanliness
- K9 how to agree with individuals the types of assistance they need
- K10 how individuals' conditions may limit the range of personal hygiene facilities which may be used
- K11 organisational procedures regarding individuals' health and hygiene
- K12 precautions to take to protect your own health and hygiene
- K13 the importance of providing privacy consistent with levels of risk
- K14 the importance of giving assistance in ways which promotes individuals' dignity

## Additional Information

### Glossary

**Relevant people** can refer to individuals, others relevant or significant to individuals, staff in your own agency including investigating teams or staff from other agencies.

**Organisational procedures** can include prison service instructions, prison policies, legislative policies and any other policies and procedures used across custodial care in the UK.

## SFJGD2

### Support individuals to look after own health and hygiene

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<b>Developed by</b>	Skills for Justice
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<b>Version number</b>	3
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<b>Date approved</b>	October 2013
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<b>Originating organisation</b>	Skills for Justice
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<b>Original URN</b>	SFJ GD2
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<b>Relevant occupations</b>	Prison staff; Prison manager; Governor; Officers; Public Service Professionals; Youth Justice Officers; Youth Offending Team Officers
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<b>Suite</b>	Custodial Care
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<b>Key words</b>	Hygiene; clean; practices; healthy; safe; support; facilities; plans; risks; consequences
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